



## **eAudiobook Resources: Prenatal to Age Three**

Visit the Center for Development and Disability (CDD) Library website to sign up for a library card and check out eAudiobook resources on prenatal to age three.

**Open Monday through Friday 9-4, closed 12-1**

**505-272-0281 or toll free: 844-231-5003**

**Website: <https://goto.unm.edu/x8gmt>**

The titles below are just a sample of our entire collection:

- Confident Parents, Confident Kids
- Healing Developmental Trauma
- Helping Your Children with Their Anger
- Inner Child Healing
- Let the Children Play
- Parent Engagement in Early Learning
- Parenting Children of Trauma
- Parenting the Strong-Willed Child
- Parenting Without Power Struggles
- Sharing Love Abundantly in Special Needs Families
- The Attachment Parenting Book
- The No-Cry Sleep Solution for Toddlers and Preschoolers

*Updated 4/27/2026*

*This Document was prepared under a sub-grant from the New Mexico Developmental Disabilities Council and is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$549,770 with 75% funded by ACL/HHS and 25% funded by the State of New Mexico. Points of view or opinions do not necessarily represent official views of, nor an endorsement by, ACL/HHS or the U.S. Government.*