



## We need your voice!

Our legislative body is made up of real people elected into office by you. The legislators need and want to hear from their constituents. They rely on constituents for information.



## How it works:

The legislative session begins January 20, 2026. Interim committees are made up of both senators and representatives. They meet in between Sessions while standing committees meet during the 30 day Session in 2026. Committee meetings are formal but are open to the public and have set times for public comment. These meetings can be watched in-person or online.



## How to participate:

Find your senator or representative and their contact information at the New Mexico Legislature website. Search by your zip code or address. See suggestions on the back of this page for how to most effectively communicate with these lawmakers. Follow bills you care about on **Bill Finder** or **My Roundhouse**.

### Steps to Becoming a Law

- 1 Bills are drafted with input from interested parties. They are sponsored by legislators, given a number and assigned to a standing committee.
- 2 Assigned committees hear each bill and either pass, or do not recommend the bill.
- 3 If passed by all committees, the bill moves on to the Senate or House respectively, considered again for a pass, no pass, or no recommendation.
- 4 If the bill passes the House or Senate, it moves back to the next series of committee hearings where it is considered again for a pass, no pass or no recommendation.
- 5 If the bill passes its 2nd round, it moves on to the House or Senate, respectively.
- 6 If the bill passes both the Senate AND the House it will go to the Governor to be signed.
- 7 If the bill is signed by the Governor, it becomes law.





## Get to Know Your Legislators

Get to know your legislators and let them get to know you and what is important to you! The best time to do this is before or after the session. Invite them to meet with you.

## Numbers Count!

Get the people who are affected by the legislation to call, write, or email. Call the Capitol switchboard and ask to be transferred if you are unsure of the direct phone number. Legislators also pay attention to Twitter X feeds, e.g. #nmlegis.



## Know What's on the Governor's Desk

If a bill is on the Governor's desk, contact their office to urge them to sign it if you support it. Be sure to let them know why. If you oppose a bill, and don't want the Governor to sign it, let them know what you would prefer to see happen.



## Tell Your Story

Start all communication with which one bill/issue you are discussing, and how you would like the legislator to respond. Write a short summary of how your situation will be impacted by a particular bill.. Be clear in your language, avoid jargon and include your contact information.



## Attend Forums

The Disability Coalition hosts an annual pre-legislative Session Forum, as well as regular legislative reports throughout the Session, as do other Disability groups around the state. Find upcoming trainings at [nmfinder.org](http://nmfinder.org).



**UNM Center for Development and Disability Information Network**

2300 Menaul Blvd. NE, Albuquerque, NM 87107

Call us: 505-272-8549 Email us: [HSC-Infonet@salud.unm.edu](mailto:HSC-Infonet@salud.unm.edu)

**Capitol Switchboard**  
(505) 986-4300

**Office of the Governor**  
(505) 476-2200

**New Mexico Legislature**



**Find Your Legislator**



**Bill Finder**



**My Roundhouse**



**Live Webcasting**



**Disability Rights NM**



**The Arc of New Mexico  
Policy & Advocacy**

