

Home Visiting Basics: New and Expecting Families

*Specialized Support for Infants and Children
Who Have or Are At-Risk for Delay in
Development*

What Are Home Visiting Programs?

Home Visiting programs are voluntary and provide free support from a specially trained professional who can assist caregivers to improve their child's health and development, communication, address challenges, provide specialized care and therapies, in addition to working with and linking families to other specialized services.

Why Are Home Visitors Important?

Nurturing parent-infant/toddler interactions are critical to the developing child in all areas of growth. What a child experiences in their first years of life make a big difference in how their brain will develop and how they will interact with the world throughout their life. Helping caregivers feel confident in their ability to meet their child's needs is important.

Family Infant Toddler (FIT) Programs

There are many of these specialized, high-quality programs available in each county throughout the state. This includes services to Tribes, Pueblos and Nations within those counties.

[New Mexico Early Childhood Education & Department](#)

1-877-696-1472

[FIT Providers by County List \(downloadable .xlsx file\)](#)

Center for Development and Disability UNM

[Early Childhood Home & Family Services: 505-272-2756](#)

[FOCUS Early Intervention Program: 505-272-9338](#)

[Helping All to Come Home \(HATCH\) Program: 505-272-2271](#)

[Infant Mental Health Services: 505-272-5899](#)

[Nurse-Family Partnership: 505-272-2271](#)

[Parents as Teachers: 505-272- 2271](#)

Contact UNM CDD Information Network for more information.

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