



Finding Reliable Disability Information

When someone first learns that a close individual has been diagnosed with a disability, it can be overwhelming and stressful. Often, people turn to the internet to learn more. It is important to find information that is understandable and trustworthy.

Where does this information come from?



Paying attention to the source of information helps distinguish between fact and opinion. Generally, sources from governmental agencies (.gov), educational or research universities (.edu), and non-profit organizations (.org) provide factual information about disability. Commercial websites (.com) often promote products or interests, so care should be taken to check for bias or misinformation.

When was the information published?

Information about disability can change and expand rapidly as researchers and healthcare providers learn more, and as technology for studying disability advances. It is essential to ensure that the information is the most up-to-date and complete.



Reputable Disability Information Websites



[American Academy of Pediatrics](#)
[Baby's First Test](#)
[Center for Disease Control \(CDC\)](#)
[Cleveland Clinic](#)
[Mayo Clinic](#)
[National Library of Medicine- Medline Plus](#)
[National Organization of Rare Disorders](#)

To Learn More Contact
UNM CDD Information Network
800-552-8195
hsc-infonet@salud.unm.edu