

EPSDT - NM Medicaid for Children



What is EPSDT?

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services are those services available to children under 21 who are covered by Turquoise Care or who have Direct Medicaid (fee for service).



EPSDT Services

EPSDT services include preventative check-ups, diagnostic tests, therapies, person care services, care coordination, and a range of mental health services. Children receiving services through a waiver program will also receive EPSDT services.



Accessing Services

EPSDT services are provided through the child's Turquoise Care MCO or Fee for Service (FFS). Most recipients are required to select or be assigned a Turquoise Care Managed Care Organization (MCO). Turquoise Care members receive an Initial Health Risk Assessment (HRA) to determine the level of care coordination needed. EPSDT services must be ordered by a doctor/PCP and be medically necessary.



Respite & Personal Care

Respite services are available through the waiver programs but not through EPSDT or the MCOs. Respite is for the primary purpose of relieving the child's caregiver and is therefore not covered by EPSDT. Personal Care is covered because it is focused on the child's needs and is not intended to relieve their caregiver. Personal Care must be prescribed as medically necessary by a doctor/PCP.



Important Reminders

For children on a waiver program, all home healthcare services are provided by EPSDT through Medicaid. These services are not paid through the waiver programs. MCO Care Coordination can be requested by the family or the child's doctor/PCP.



Helpful Resources

Liaison for Native Americans

505.470.2731

Blue Cross Blue Shield of NM

866.689.1523

Presbyterian Health Plan, Inc.

888.977.2333

Molina Healthcare of New Mexico

844.862.4543

United Healthcare Community Plan of NM

877.236.0826

Contact the UNM CDD Information Network for more information.
HSC-Infonet@salud.unm.edu • 505.272.8549