



CENTER FOR
DEVELOPMENT
& DISABILITY

Family Infant Toddler Program New Mexico (FIT) Children Ages 0 - 3



What is FIT?

FIT is a statewide program that provides early intervention services to infants and toddlers who have or are at risk for developmental delays.

www.nmeccd.org/fit-families



Referral Process

Anyone who has a concern about a child's development may make a referral directly to the local Early Intervention (EI) provider serving the community where the child lives, or contact the UNM Center for Development and Disability (CDD) Information Network.



Who is Eligible?

Any child progressing differently from other children the same age. Participation in EI services is voluntary with parent or guardian permission. If a child is referred to FIT, a service coordinator meets with the family to explain the EI program and arrange for an evaluation if appropriate.



What Happens Next

An evaluation is completed to determine if the child is eligible for FIT EI services. The family is a critical part of the evaluation team, along with knowledgeable professionals. If found eligible, team members and the family will develop the Individualized Family Service Plan (IFSP).



Available Services

IFSP is tailored to individual family priorities and identified needs and strengths of the child. Services may include specialized therapies such as physical, speech, and occupational therapy, family training, nutritional feeding support, and respite care.



Remember

1. Services should be provided in the child's home, preschool or childcare.
2. Early Intervention (EI) providers are known as "FIT providers".
3. For a copy of the FIT Family Handbook, contact the FIT Program.



Connect with FIT

877.696.1472

FAX: 866.829.8838

www.hsd.state.nm.us/lookingforinformation/family-infant-and-toddlers



Resources

Parents Reaching Out (PRO)
800.524.5176 / 505.247.0192
www.parentsreachingout.org

Education for Parents of Indian Children with Special Needs (EPICS)
888.499.2070 / 505.767.6630
www.epicsnm.org



Questions?

Call the UNM CDD
Information Network

505.272.8549

cdd.health.unm.edu/infonet