

# Mi Via Self Directed Waiver



The Mi Via waiver helps people with intellectual and developmental disabilities self-direct their own waiver services. Participants may choose the Mi Via program if they have received an allocation to the DD waiver or Medically Fragile waiver and meet the eligibility requirements. Participants will also choose a Consultant Agency. A Consultant will be assigned to guide them through the process. The participant must meet with their consultant every month face to face. With assistance from a consultant, Participants develop a plan, which includes a service and support plan (SSP) and budget to meet their clinical, medical, functional, or habilitative needs.

## SSP

- Identifies the Participant's strengths and needs.
- Used to create goals
- Creates a back up plan
- Identifies health and safety needs
- Identifies the Participants circle of support
- Identifies the need for accommodations
- Lists the consultant role
- Identifies the need for environmental modifications
- This document is completed annually or as changes occur.

## Budget

- Under 18: \$23,443.00
- Age 18-21: without In Home Living Support \$54,589.00/yr
- Age 18-21: with In Home Living Support \$68,589.00
- Age 21 and over: \$72,710.00
- Additional Funding may be available if certain criteria is met, there is medical justification and it is approved by the third party assessor.

## Services

- Living supports & community supports
- Employment support
- Therapies & nursing
- Behavior support consultation
- Nutritional counseling/fitness
- Respite
- Emergency response
- Transportation
- Environmental modifications,
- Individual directed goods & services such as technology for safety and independence.
- All services must be approved by the third party assessor.

Mi Via General Information: 505.660.3736 / [nmhealth.org/about/ddsd/pgsv/sdw/](https://nmhealth.org/about/ddsd/pgsv/sdw/)

Mi Via Newsletters: [www.nmhealth.org/publication/newsletter/](https://www.nmhealth.org/publication/newsletter/)

Metro Region: 800.841.5500 / NE Region: 505.476.2730 / NW Region: 505.863.9937

SE Region: 575.624.6100 / SW Region: 575.528.5180

UNM CDD Information Network: 505.272.8549