



Home Visiting Programs: New & Expecting Families

CENTER FOR
DEVELOPMENT
& DISABILITY

For More Information: 800.691.9067 / pulltogether.org

Central NM Region



Nurse-Family Partnership (NFP), UNM CDD

505.362.7760 / 505.272.5828
nursefamilypartnership.org

Services: Provides first-time parents with specially trained nurse home visitors throughout the pregnancy until the baby turns 2, to offer knowledge and support. Program uses a rigorous evidence-based national model.

Eligibility/Ages: First-time parents, up to 28 weeks pregnant and qualifying for WIC. Serves Bernalillo county. Services are free and voluntary.



Young Children's Health Center (UNMH)

505.272.9242
directory.unm.edu/departments

Services: Visits provide information, support and encouragement through home-based services for families of infants prenatal to age 3.

Eligibility/Ages: First-time parents. Enroll prenatal until age 3. Serves zip codes 87108 and 87123 in southeast Albuquerque.



PB&J Therapeutic Services Home Visiting Program

505.877.7060
pbjfamilyservices.org

Services: Provides parenting educational services, child developmental guidance, and local community resource information to families with children prenatal to age 3 in the home, or at alternative locations at the family's request.

Eligibility/Ages: No first-time parent requirements, enroll prenatal until child is 3. Serves Albuquerque and Bernalillo.



Parents as Teachers, UNM CDD

505.272.2271
cdd.unm.edu/echfs/pat.html

Services: Visits focus on the parent-child relationship to support optimal development and social-emotional health; assistance with community resources.

Eligibility/Ages: Serving families in Bernalillo and Valencia counties prenatally through entry into kindergarten. Services are free and voluntary.



CHI St Joseph's Home- Based Health Education

505.924.8000
stjosephnm.org

Services: Focuses on prenatal to age 3. First-time parents and families receive weekly home visits.

Eligibility/Ages: Enroll prenatal or newborn under 2 months of age. Available to first-time parents and families, including families adopting their first baby. Serves Bernalillo, Sandoval (certain areas), and Valencia Counties. Serves Albuquerque Metro, including Rio Rancho, Bernalillo, Los Lunas, and Belen.



Parents as Teachers Presbyterian Medical Services (PMS)

505.896.9431
pmsnm.org/programs

Services: Visits focus on the parent-child relationship to support optimal development and social-emotional health; assistance with community resources. Service until child is 3.

Eligibility/Ages: No first-time parent requirements. Enroll prenatal to age 3. Serves Sandoval and Valencia Counties. Serves low income Rio Rancho residents.



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Central NM Region / North Central NM Region



Native American Professional Parent Resources (NAPPR) Early Head Start

505.345.6289
nappr.org

Services: Prenatal support and education. Provides basic infant care, health, nutrition and safety. Specialized services for teen parents, grandparents raising grandchildren, and dads.

Eligibility/Ages: No first-time parent requirements. Serving low-income families, prenatal until child is 3. Serves Bernalillo and Sandoval Counties.



Native American Professional Parent Resources (NAPPR), Tribal Home Visiting Program

505.877.7060
nappr.org/tribal-home-visiting

Services: Prenatal support, education. Access to community supports for Diné and Keres language learning and traditional child-rearing practices.

Eligibility/Ages: Native American families living in Bernalillo, Cibola and Sandoval counties. Families or caregivers with legal custody who are expecting and have a child between 0-3 years.



First Born Program Los Alamos

505-661-4810
firstbornla.org

Services: Home visits encourage the development of skills and knowledge around infant growth and development, nurturing positive relationships, and creating safe environments. Serves prenatal to 3 years of age.

Eligibility/Ages: Prenatal or newborn under 2 months of age. Available to women having their first child, first-time families, and families adopting their first baby. Serves Los Alamos County.



Española Presbyterian Hospital First Born Program

505.753.1510
espanola-hospital.phs.org

Services: Home visits encourage the development of skills and knowledge around infant growth and development, nurturing positive relationships, and creating safe environments. Serves prenatal to 3 years of age.

Eligibility/Ages: Prenatal or newborn under 2 months of age. Available to women having their first child, first-time families, and families adopting their first baby. Serves Rio Arriba County.



Las Cumbres Confident Parenting Home Visiting Program

505.753.4123 / 505.955.0410
lascumbres-nm.org

Services: Provides information, support and encouragement through home-based services for families of infants prenatal to age 3. Spanish-speaking staff are available in both counties.

Eligibility/Ages: Enroll prenatal to age 3. No first-time parent requirements. Serves Rio Arriba and Santa Fe Counties.



Taos Holy Cross Hospital First Steps Program

575.751.5764
holycrossmedicalcenter.org

Services: Home visits provide new parents with information, support, and access to resources in the community that promote early childhood development and a positive family foundation.

Eligibility/Ages: Prenatal to 3 years old. Available to women having their first child, first-time families including fathers, adoptive parents and foster families. Serves Taos County.



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North Central NM Region / Northeast NM Region



United Way of Santa Fe First Born Program

505.428.1344
firstbornprogram.org

Services: Focuses on a child's health and development from prenatal to age 3. First-time mothers and families receive weekly home visits by a trained health educator.

Eligibility/Ages: Enroll prenatal or newborn under 2 months of age. Available to first-time families. Serves Bernalillo, Sandoval (certain areas) and Valencia Counties.



Youth Development, Inc. (YDI)

505.352.3444 x 4
ydinm.org

Services: Serves prenatal to 5 years old. Provides support services that include child education and care, home visitation, family development and engagement, support services for grandparents raising young children, relationship training, and parent training/advocacy.

Eligibility/Ages: No first-time parent requirements. Enroll prenatal to age 3. Serves Rio Arriba County.



Taos Pueblo Tiwa Babies Home Visiting Program

575.758.7824 x 112
tiwababies.com

Services: Access to high quality early childhood services. Supports optimal child and family development, healthy lifestyles, and strong connections to family, community, culture, and tradition.

Eligibility/Ages: No first-time parent requirements. Serving Native American families, enroll prenatal until child is 4 years old. Services available during pregnancy.



ENMRSH, Inc. Early Childhood Services

575.742.9032
enmrsh.org

Services: Home visitors partner with families to promote child development and confident parenting by supporting the relationship among the family, home visitor and the community.

Eligibility/Ages: No first-time parent requirements. Enroll prenatal until child is 3 years old. Serves Curry, De Baca, and Roosevelt Counties.



Kiwanis First Born Program of Northern New Mexico

505.454.1343
firstbornprogram.org

Services: Home visits development of skills and knowledge around infant growth and development, nurturing positive relationships, and creating safe environments.

Eligibility/Ages: First-time families Enroll prenatal to age 2; service until child is 3 years old. Serves San Miguel, Mora, and Harding Counties.



Guidance Center of Lea County Inc. Humphrey House Hobbs

575.392.2231
gclcnm.org/programs

Services: Serves prenatal to age 3. Home visits encourage the development of skills and knowledge around infant growth and development, nurturing positive relationships, and creating safe environments.

Eligibility/Ages: No first-time parent requirements. Enroll prenatal to age 3; service until child is 3 years old. Serves Lea County.



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Southeast NM Region



PB&J Therapeutic Services Home Visiting Program

505.877.7060
pbjfamilyservices.org

Services: Provides parenting educational services, child developmental guidance, and local community resource information to families with children prenatal to age 3 in the home, or at alternative locations at the family's request.

Eligibility/Ages: No first-time parent requirements, enroll prenatal until child is 3. Serves Albuquerque and Bernalillo.



Parents as Teachers, UNM CDD

505.925.7899 / 505.272.3000
cdd.unm.edu/echfs/pat.html

Services: Visits focus on the parent-child relationship to support optimal development and social-emotional health; assistance with community resources.

Eligibility/Ages: Serving families in Bernalillo and Valencia counties prenatally through entry into kindergarten. Services are free and voluntary.



CHI St Joseph's Home- Based Health Education

505.924.8000
stjosephnm.org

Services: Focuses on prenatal to age 3. First-time parents and families receive weekly home visits.

Eligibility/Ages: Enroll prenatal or newborn under 2 months of age. Available to first-time parents and families, including families adopting their first baby. Serves Bernalillo, Sandoval (certain areas), and Valencia Counties. Serves Albuquerque Metro, including Rio Rancho, Bernalillo, Los Lunas, and Belen.

Questions? Contact the UNM CDD Information Network.
505.272.9166 / hsc-infonet@salud.unm.edu /
cdd.health.unm.edu/infonet.

