

# **NEW MEXICO ADAPTIVE PROGRAMS**

### **Programs In This Booklet**

- **A Park Above**
- **Adaptive Sports Program of New Mexico**
- **Adaptive Swim Lessons at the Jewish Community Center**
- **Albuquerque Kings Wheelchair Basketball Team**
- **American Youth Soccer Organization VIP Program**
- **ASD Swim Program at the Jewish Community Center**
- **Autism Programs at The Center for Development and Disability**
- **Bear Canyon CrossFit**
- **Camp Rising Sun**
- **Carrie Tingely Hospital Foundation Camp Adventure**
- **Cerebral Palsy Parent Association of New Mexico**
- **Cloud Dancers Therapeutic Horsemanship**
- **Conquistadors New Mexico Wheelchair Basketball**
- **Easter Seals Camp New Mexico**
- **Expressions of Joy, Inc.**
- **Full Spectrum Archery**
- **Full Spectrum Drum Ensemble**
- **Global Opportunities Unlimited, Inc.**
- **Joni & Friends Family Retreat**
- **Just for Kicks**
- **Keshet Dance Company**
- **Las Campanas Compadres**
- **LifeROOTS**
- **Little League Challenger Division**
- **Loving Thunder Therapeutic Riding, Inc.**
- **Muscular Dystrophy Association Summer Camp**
- **New Mexico Kayak, Inc.**
- **New Mexico Scuba Center, New Mexico Dive Pirates Chapter**
- **Northern New Mexico Wheelchair Tennis**
- **Special Olympics New Mexico**
- **Sunshine Ambassadors**
- **UNM Adapted Sports Festival**
- **UNM Homeschool Adapted PE Program**
- **US Youth Soccer TOPSoccer**
- **Very Special Arts of New Mexico**
- **Wheel Runners Junior Wheelchair Basketball Team**
- **Zia Freewheelers Adaptive Cycling Team**

# A Park Above



## **Program Description:**

A Park Above provides a sensory and socially rich environment, full of sounds, color, art and accessible play equipment; a park where the play equipment is accessible to all people of all ages and abilities. Amenities at the park include a pedestrian path, play areas with special surfacing, shade structures, picnic tables, a basketball court, a splash pad, outdoor musical instruments, adaptive swings/wheelchair swings, an amphitheater, a bocce court, outdoor exercise equipment, and ADA-compliant ramps and restrooms.

## **Who is Eligible to Participate:**

Open to everyone of all ages and abilities

## **Special Information:**

No entry or reservation fees. The park can host individuals, therapists and clients, birthday parties, celebrations, and school or group visits.

## **Facility/Program Location:**

2441 Westside Ct SE, Rio Rancho, NM 87124  
(New Address coming soon - A Park Above Ct. SE)

## **Contact Information:**

Phone: (505) 219-5684

Email: [parksandrec@rrnm.gov](mailto:parksandrec@rrnm.gov)

Website: <http://aparkabove.org/>

# Adaptive Sports Program of New Mexico



## **Program Description:**

We offer year-round opportunities for children and adults with disabilities to enjoy a variety of adaptive activities including skiing, snowboarding, watersports (kayaking, waterskiing, rafting, and wake-surfing), yoga, cycling, rock-climbing and more. Beyond the physical health benefits afforded by ASPNM's programs, many of our participating athletes report an increased sense of empowerment, self-confidence, and independence that permeates into their lives outside of ASPNM.

## **Who is Eligible to Participate:**

Individuals 5 years & older with a wide array of disabilities

## **Special Information:**

Program fees vary depending on the activity. All fees include equipment needed for lessons.

## **Facility/Program Location:**

Ski program: Sandia Peak and Ski Santa Fe

Summer sports: Elephant Butte Lake, Ute Lake, Abiquiu Lake

## **Contact Information:**

*Director of Operations:* Jason Cline

Phone: (505) 570-5710

Email: [jcline@adaptivesportsprogram.org](mailto:jcline@adaptivesportsprogram.org)

**Website:** [www.AdaptiveSportsProgram.org](http://www.AdaptiveSportsProgram.org)

# Adaptive Swim Lessons at the Jewish Community Center



## **Program Description:**

The JCC offers adaptive lessons modified for individuals with special needs. This class provides swimmers the opportunity to facilitate gross and fine motor skills in a gravity eliminated environment. This class will include skills such as safe entry and exit from the water, submersion, floating, and swimming technique.

## **Who is Eligible to Participate:**

Youth with special needs

## **Special Information:**

Participants must fill out a Carrie Tingley Hospital Foundation scholarship form; available from the JCC.

## **Facility/Program Location:**

5520 Wyoming Blvd NE  
Albuquerque, NM 87109

## **Contact Information:**

Liz Reid, Swim Lessons Coordinator

Phone: (505)348-4497

Email: [aquatics@jccabq.org](mailto:aquatics@jccabq.org)

Website: <http://jccabq.org/main/aquatics.php>

# Albuquerque Kings Wheelchair Basketball Team



## **Program Description:**

The mission of the Albuquerque Kings is to promote organized wheelchair basketball in a fun and competitive environment. The Albuquerque Kings regularly compete in the National Wheelchair Basketball Association.

## **Who is Eligible to Participate:**

All ages with a lower limb disability only

## **Special Information:**

Program fee amounts dependent upon sponsorships, donations, and fundraiser amounts acquired. Basketball wheelchairs are necessary to prevent injury during play. Chairs may be made available for temporary use.

## **Facility/Program Location:**

Monday & Saturday @ Grace Church or UNM Johnson Gym

## **Contact Information:**

Phone: (505) 400-5757

Email: [info@abqkings.org](mailto:info@abqkings.org)

Website: [www.abqkings.org](http://www.abqkings.org)

# American Youth Soccer Organization VIP Program



## **Program Description:**

The VIP (Very Important Player) program provides a safe, fun environment with trained coaches and volunteers who facilitate an enriching experience that the players and their families will cherish forever. Buddies assist during the games in which players learn soccer while also meeting new friends, having fun and increasing self-esteem.

## **Who is Eligible to Participate:**

Players 5 years and older with a wide range of disabilities

## **Special Information:**

\$50 registration fee – includes uniform, socks, 8 Fall games & 8 Spring games. Players can register at any time, but the fee is not lowered if a player starts late. All players wear shin guards, but cleats are not required.

## **Facility/Program Location:**

Montgomery Park, Far West Field

## **Contact Information:**

Phone: (505) 342-2976 Ext. 710

Email: [VIP.Program@ayso104.org](mailto:VIP.Program@ayso104.org)

Website: <http://ayso.bluesombrero.com/region104>

# ASD Swim Program at the Jewish Community Center



## **Program Description:**

This swim program is designed around the communication and sensory needs of children on the autism spectrum. We utilize visual schedules, social stories and teach in small groups. Classes are scheduled during less busy pool times. Children learn to be safe in and around the pool area while having fun and making new friends.

## **Who is Eligible to Participate:**

Children with ASD ages 5-10

## **Special Information:**

- \$39 for JCC Members/\$49 for Non-Members
- Contact the JCC for Classes and Schedules

## **Facility/Program Location:**

5520 Wyoming Blvd NE  
Albuquerque, NM 87109

## **Contact Information:**

Liz Reid, Swim Lessons Coordinator  
Phone: (505)348-4497  
Email: [aquatics@jccabq.org](mailto:aquatics@jccabq.org)

**Website:** <http://jccabq.org/main/aquatics.php>



# Autism Programs at The Center for Development and Disability



## **Program Description:**

Autism Programs partners with various community organizations to provide inclusive social-recreational programs for individuals with Autism Spectrum Disorder (ASD). This program emphasizes best practices for teaching persons with ASD.

## **Who is Eligible to Participate:**

Programs are designed for individuals with ASD, but are open to all individuals. Most programs are designed for individuals aged 12 and older.

## **Special Information:**

Programs change from season to season. Past programs: yoga, African drumming and dance, fishing and archery.

## **Facility/Program Location:**

2300 Manuel Blvd. NE  
Albuquerque, NM 87107

## **Contact Information:**

Phone: (505) 272-3138  
Email: [HSC-Full-Spectrum-Rec@unm.edu](mailto:HSC-Full-Spectrum-Rec@unm.edu)

## **Website:**

[cdd.unm.edu/autism/programs/recreationservices.html](http://cdd.unm.edu/autism/programs/recreationservices.html)

# Bear Canyon Crossfit



## **Program Description:**

Our goal at Bear Canyon CrossFit is to safely establish and maintain lifelong fitness by increasing functional capacity and decreasing limitations. Our trainers work with each athlete towards reaching their personal goals, both in the gym and in life through an environment that is safe, challenging, rewarding and inclusive.

## **Who is Eligible to Participate:**

Everyone is welcome! Whether an impairment is temporary or permanent, we will help you reach your fitness goals. We are willing to travel to a different facility for group training.

## **Cost/Equipment:**

Prices vary and are discussed at the time of on-boarding. For equipment, we only ask members to bring what they need to get through a workout, which will also be discussed during the on-boarding process. We will provide all training equipment.

## **Facility/Program Location:**

Bear Canyon CrossFit  
9533 Osuna Rd. NE, Albuquerque, NM 87111

## **Contact Information:**

Phone: (505) 219-5684

**Website:** [www.bearcanyoncrossfit.com](http://www.bearcanyoncrossfit.com)

# Camp Rising Sun



## **Program Description:**

Provides a specialized summer camp experience for individuals with Autism Spectrum Disorder (ASD) and their peers.

## **Who is Eligible to Participate:**

Camp Rising Sun provides an inclusive summer camp environment for children with an Autism Spectrum Disorder and their same-age peers, ages 13-17.

## **Special Information:**

- \$100 registration fee + \$450 camper fee
- \$100 registration fee + \$125 for peers
- Financial assistance may be available, visit website for forms

## **Camp Location:**

Manzano Mountain Retreat, 75 minutes Southeast of ABQ

## **Contact Information:**

Center for Development and Disability

2300 Manuel Blvd. NE

Albuquerque, NM 87107

Phone: (505) 272-5142

Fax: (505) 272-3140

**Website:** <http://www.cdd.unm.edu/camprisingsun/>

# Carrie Tingley Hospital Foundation Camp Adventure



## **Program Description:**

CTHF Camp Adventure is the only camp in New Mexico for kids and teens with physical disabilities. Camp Adventure provides opportunities for campers to unleash the possibilities of their abilities in areas of sports, music, arts, and more.

## **Who is Eligible to Participate:**

Youth with a wide range of disabilities

## **Special Information:**

- \$50 registration with scholarships available
- Lodging for out-of-town campers may be available

## **Program Location:**

La Cueva High School  
7801 Willshire Ave.  
Albuquerque, NM 87122

## **Contact Information:**

Cathy Tingstrom or Travis Davis  
Phone: (505) 243-6626  
Email: [ctingstrom@cthf.net](mailto:ctingstrom@cthf.net) or [tdavis@cthf.net](mailto:tdavis@cthf.net)

## **Website:**

<http://www.carrietingleyhospitalfoundation.org/sports-camp/>

# Cerebral Palsy Parent Association of New Mexico



## **Program Description:**

CPPA offers support and understanding for families who share the unique and common bond of having a family member with special needs. CPPA distributes information to assist families with community resources, legal, insurance, medical, and school issues. We arrange recreational activities and programs for families throughout the year.

## **Who is Eligible to Participate:**

Families who have children with Cerebral Palsy, or other special needs

## **Special Information:**

Monthly Meetings – 1<sup>st</sup> Thursday of every month 6pm-8pm with dinner and childcare provided

## **Facility/Program Location:**

Carrie Tingley Hospital Board Room  
1127 University Blvd NE  
Albuquerque, NM 87102

## **Contact Information:**

John Chimarusti, PhD  
Phone: (505) 272-5296

**Website:** <http://cppa-nm.chrisquirk.org>

# Cloud Dancers Therapeutic Horsemanship Program, Inc.



## **Program Description:**

We are a recreational horsemanship program that offers instruction in general horsemanship, riding and vaulting. Our goal is to provide individuals with an opportunity for a unique therapeutic, recreational experience in a fun, safe environment.

## **Who is Eligible to Participate:**

Ages 5 through adulthood – individualized lessons to meet needs

## **Special Information:**

There are a variety of lesson options including group, private, and semi-private. Scholarships are available.

## **Facility/Program Location:**

Corrales, New Mexico.

## **Contact Information:**

P.O. Box 14058

Albuquerque, NM 87191

Phone: (505) 926-1426

Email: [clouddancersTHP@gmail.com](mailto:clouddancersTHP@gmail.com)

Website: <http://clouddancersth.org>

# Conquistadors New Mexico Wheelchair Basketball



**Program Description:**

Wheelchair basketball for everyone.

**Who is Eligible to Participate:**

Available to people of all ages and ability

**Special Information:**

We have chairs, balls, and equipment available for people to try

**Facility/Program Location:**

Mesa Verde Community Center and Grace Church

**Contact Information:**

Sebastian

Phone: (505) 750-4625

Email: [spuds@nmwheelchairsports.com](mailto:spuds@nmwheelchairsports.com)

Website: [www.nmwheelchairsports.com](http://www.nmwheelchairsports.com)

# EASTER SEALS CAMP NEW MEXICO



**“WE LOVE CAMP!”**

## **Program Description:**

Easter Seals Camp New Mexico is an over-night, week-long summer camp for youth and adults with disabilities. Camp is designed to be barrier-free and accessible to everyone, allowing campers to discover and explore their interests, values and talents through a variety of fun, traditional summer camp activities.

## **Who is Eligible to Participate:**

Camp is offered for individuals of all types and levels of ability

Youth Session: Ages 8-18

Adult Session: Ages 18+

## **Special Information:**

- Cost: \$650.00 per camper per week
- Scholarships may be available
- Contact camp director for camp dates

## **Facility/Program Location:**

Kamp Kiwanis  
20 Cousins Rd,  
Vanderwagen, NM 87326

## **Contact Information:**

Bill Fales, Camp Director  
Phone: (641) 831-9326



# Expressions of Joy, Inc.



## **Program Description:**

Expressions of Joy, Inc. is a non-profit organization that provides the opportunity for adults, ages 17 & up, with developmental disabilities and/or other special needs to participate in choral music.

## **Who is Eligible to Participate:**

Young adults age 17+ with developmental disabilities and/or other special needs

## **Special Information:**

- Rehearsals are Tuesdays at 7:00p.m, except holidays
- Expressions of Joy is solely run on donations and support from individual sponsors.

## **Facility/Program Location:**

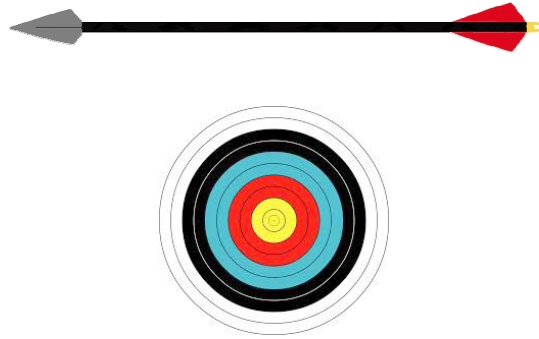
Asbury United Methodist Church  
10000 Candelaria NE  
Albuquerque, NM 87112

## **Contact Information:**

Email: [abqjoy@yahoo.com](mailto:abqjoy@yahoo.com)

Website: <http://www.abqjoy.com>

# Full Spectrum Archery



**Program Description:**

Sign up to gain practice, hone archery skills and meet other archers

**Who is Eligible to Participate:**

Individuals with Autism Spectrum Disorder

**Special Information:**

Lessons Held January – February  
Wednesdays 5:15pm-6:15pm

**Facility/Program Location:**

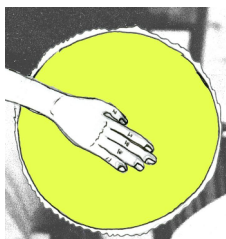
Eisenhower Middle School  
11001 Camero Road NE, 87111

**Contact Information:**

Phone: (505) 272-3138

Email: [HSC-Full-Spectrum-Rec@unm.edu](mailto:HSC-Full-Spectrum-Rec@unm.edu)

# Full Spectrum Drum Ensemble



## **Program Description:**

Learn new rhythms, improvise and have fun while being a part of a small drum ensemble

## **Who is Eligible to Participate:**

Individuals with Autism Spectrum Disorder

## **Special Information:**

\$60 for 6 Lessons

\$100 for 12 Lessons

Sliding scale scholarships may be available

Lessons held in Spring

Mondays 4:30pm-5:30pm

## **Facility/Program Location:**

North 4<sup>th</sup> Art Center

4904 4<sup>th</sup> Street NW

Albuquerque, NM 87107

## **Contact Information:**

Stef Graner

Email: [stefgraner@gmail.com](mailto:stefgraner@gmail.com)

# Global Opportunities Unlimited, Inc.



## **Program Description:**

Global Opportunities Unlimited is dedicated to creating access to outdoor opportunities for persons who are mobility limited. By adapting outdoor locations and equipment to the needs of the mobility limited, we are able to access the great outdoors and partake in activities that would otherwise be unfeasible. Activities that we specialize in providing are: fishing, trail expeditions, archery and hunting. All of our activities follow 3 simple parameters: adapt, overcome, succeed!

## **Who is Eligible to Participate:**

Individuals with a variety of physical disabilities and medical conditions

## **Special Information:**

In addition to our activities, we provide wheelchair accessible bus transportation to those who need it

## **Contact Information:**

Dustin Berg, Executive Director  
P.O. Box 10717  
Albuquerque, New Mexico 87184-0717  
Phone: (505) 480-2374

**Website:** [www.gounlimited.org](http://www.gounlimited.org)

# Joni & Friends Family Retreat



## **Program Description:**

A unique Old West atmosphere combined with up-to-date activities and amenities. The staff fulfill the camp motto: “High Adventure, Higher Purpose” by patiently leading activities and serving all who come through with an outpouring of love and respect. In addition, family style meals, worship and devotion time, and plenty of natural beauty will provide families a chance to unwind, relax, and be served in a setting teeming with rustic charm.

## **Who is Eligible to Participate:**

Individuals with Disabilities and Their Families

## **Special Information:**

Activities: Horseback riding, basketball and volleyball, rappelling an alpine tower, 3 person giant swing, waterslide, hiking, and giant chess set

## **Facility/Program Location:**

Lone Tree Ranch

## **Contact Information:**

Paul Faculjak

Phone: (505) 823-9686

Email: [pfaculjak@joniandfriends.org](mailto:pfaculjak@joniandfriends.org)

Website: <http://www.joniandfriends.org/albuquerque>

# Just for Kicks



## **Program Description:**

Just for Kicks are fully inclusive martial arts classes, supporting differently abled individuals; designed specially to support individuals with autism spectrum disorder. Class composition determined by age, size, and ability level. Class sizes are limited to support the needs of all participants. Please contact instructor for current class availability.

## **Who is Eligible to Participate:**

Individuals with Autism Spectrum Disorder (ASD)

## **Special Information:**

- Cost: \$45/month
- Just for kicks is a Mi Via service provider

## **Contact Information:**

Instructor: Logan Gillespie

Phone: (505) 220-0524

Email: [Lgilljust4kicks@gmail.com](mailto:Lgilljust4kicks@gmail.com)

# Keshet Dance Company



## **Program Description:**

Keshet Dance offers Adaptive/ Integrated Dance classes. Adaptive dance classes are for dancers with varying levels of physical and developmental abilities and dance experience. Keshet pairs dancers in wheelchairs and/or walkers with able-bodied dancers to create professional-quality dance works.

## **Who is Eligible to Participate:**

Ages 2 through adult are eligible to participate

## **Special Information:**

- \$15 per community class.
- Class packages range from \$70-\$300
- Unlimited non-competitive scholarships for all dancers under 18. Volunteer/work study program available for adults. Please visit website for details.

## **Facility/Program Location:**

4121 Cutler Ave NE  
Albuquerque, NM 87110

## **Contact Information:**

Phone: (505) 224-9808

Email: [info@keshetdance.org](mailto:info@keshetdance.org)

Website: <http://www.keshetdance.org>

# Las Campanas Compadres



**LAS CAMPANAS COMPADRES**  
*People Helping People Reach New Heights*

## **Program Description:**

- Horseback Riding – Takes place every Monday from 10am to 5pm at the Equestrian Center. Lessons are 30 minutes in duration. Our therapeutic horseback riding instructor, Karen Evans, is P.A.T.H, (Professional Association for Therapeutic Horsemanship) certified. LCC has a special needs riding saddle that is the only one of its kind in the State of New Mexico.
- Swimming – Swimming lessons take place every Wednesday and Saturday between 12pm and 4pm. Lessons are 30 minutes in duration. David is an accredited swimming instructor who has had a successful career as a swimming coach for major university swimming programs.

## **Special Information:**

Riding and swimming lessons are free, although donations to Las Campanas Compadres, Inc. are welcomed.

## **Facility/Program Location:**

15 Buckskin Circle  
Santa Fe, NM 87506

## **Contact Information:**

Phone: (505) 820-2707

**Website:** [www.lascampanascompadres.org](http://www.lascampanascompadres.org)



# LifeROOTS



## **Program Description:**

LifeROOTS (Formerly RCI Inc.) is a nonprofit (501c3) organization. LifeROOTS has provided services to individuals with disabilities and their families in Central New Mexico since 1958. Services Include: Early Intervention for children under 3, Community Integration and Career Readiness (Day Programs) for adults with disabilities and employment training, development, placement and support. Our innovative programs and services lead by certified, experienced and professional staff assist people with disabilities of all ages to reach their highest levels of self-sufficiency.

## **Facility Location & Contact Information:**

1111 Menaul Blvd NE,  
Albuquerque, NM 87107  
Phone: (505) 255-5501

1009 Golf Course Road  
Suites 105 & 106  
Rio Rancho, NM 87124

**Website:** <http://liferootsnm.org>

# Little League Challenger Division



## **Program Description:**

The Challenger Division was established to enable boys and girls with physical and mental challenges to enjoy the game of baseball. Teams are set up according to abilities. Challenger games can be played as tee ball games, coach pitch, player pitch, or a combination of the three.

## **Who Is Eligible to Participate:**

Anyone ages 4 to 24

\$50/player – scholarships may be available

The Challenger Division encourages the use of "buddies". The buddies assist the Challenger players on the field, but whenever possible, encourage the players to bat and make plays themselves.

## **Facility/Program Location:**

2101 Bryn Mawr

Albuquerque, New Mexico 87107

## **Contact Information:**

Damon Maddox, Lobo Little League

Phone: (505) 321-3576

Email: [Lobo.little.league.nm@gmail.com](mailto:Lobo.little.league.nm@gmail.com)

Website: [Lobolittleleague.org](http://Lobolittleleague.org)

# Loving Thunder Therapeutic Riding, Inc.



## **Program Description:**

Loving Thunder Therapeutic Riding, Inc. is a horsemanship program where special needs individuals and veterans with disabilities can learn to ride a horse. We are the only Premier Accredited PATH, Intl (Professional Assn of Therapeutic Riding) center in New Mexico. We are the Premier Center to experience a safe, fun, and effective equine based program. Our goal is for everyone to become an independent rider at their own ability level.

## **Who Is Eligible to Participate:**

Anyone with a disability ages 4+ that prevents them from participating in a regular riding stable/instructional environment

## **Special Information:**

We ride in six-week sessions. Each session is \$300. This includes a 1 hr lesson each week. Some partial scholarship opportunities are available for families in need.

## **Contact Information:**

Twuana Raupp

Phone: (505) 554-9493

Email: [info@lovingthunder.com](mailto:info@lovingthunder.com)

Website: [www.lovingthunder.com](http://www.lovingthunder.com)

# Muscular Dystrophy Association Summer Camp



## **Program Description:**

MDA Summer Camp is an opportunity for children to experience activities that they normally might not have the opportunity to experience. Activities include: Fishing, Swimming, Arts & Crafts, Drama, Bon Fires, Wheelchair Sports, and so much more!

## **Who Is Eligible to Participate:**

Individuals ages 6-17 with Muscular Dystrophy or a related neuromuscular disease, who are registered with MDA

## **Special Information:**

There is no fee to attend camp. Acceptance to camp is contingent upon evaluation of your child's application by MDA staff and MDA's medical advisers. Space at some camps may be limited; applications are considered on a first-come, first-served basis.

## **Contact Information:**

8212 Louisiana Blvd NE # C

Albuquerque, NM 87113

Phone: (505) 828-1331

Email: [albuquerque@mdausa.org](mailto:albuquerque@mdausa.org)

Website: <http://mda.org/summer-camp>

# New Mexico Kayak, Inc.



## **Program Description:**

Adaptive kayaking is a program for people with physical or developmental disabilities, where the instructors adapt the equipment, environment or teaching methods to the individual student's needs. Our programs start in indoor, heated pools with opportunities to join the local kayaking community after class.

## **Special Information:**

- Kayak New Mexico has partnered with Hotel Cascada to offer a monthly Adaptive Kayaking Open House at their indoor water park. The event typically takes place the 3rd Thursday of each month, with some exceptions.
- If you run a summer camp for kids or people with disabilities, and would like to incorporate kayaking into your program, please contact us.

## **Contact Information:**

Kelly Gossett, Founder

Phone: (505) 217-2187

Email: [kelly@kayaknewmexico.org](mailto:kelly@kayaknewmexico.org)

Website: <http://www.newmexicokayakinstruction.com>

# New Mexico Scuba Center New Mexico Dive Pirates Chapter



## **Program Description:**

The New Mexico Scuba Center offers a wide range of scuba training from open water through instructor certification, as well as, a full line of scuba diving equipment sales, service, repair, and rentals.

## **Special Information:**

Interested participants must be 18 years of age or older. The New Mexico Scuba Center works together with the Dive Pirate Foundation to train Adaptive Dive Leaders, Adaptive Divers and Adaptive Buddies from all over the world. We are honored to be a chapter of Dive Pirates here in New Mexico and look forward to many more years of successful and rewarding scuba adventures.

## **Facility/Program Location:**

7618 Menaul N.E.  
Albuquerque, NM 87110

## **Contact Information:**

Stacey Minton  
Phone: (505) 271-0633  
Email: [nmscuba@qwest.net](mailto:nmscuba@qwest.net)

**Website:** [www.nmscuba.com](http://www.nmscuba.com) or [www.divepirates.org](http://www.divepirates.org)

# Northern New Mexico Wheelchair Tennis



## **Program Description:**

The program helps anyone with an ambulatory disability play the competitive sport of wheelchair tennis. During the year there is a weekly wheel around for players of various abilities, as well as various clinics and demos.

## **Who is Eligible to Participate:**

Anyone who can independently push/move a wheelchair around the tennis court while holding a racquet is welcome to participate.

## **Special Information:**

Racquets are on hand for participants to use. The program may provide a tennis wheelchair for new players, but eventually a sports wheelchair will need to be purchased by the player.

## **Facility/Program Location:**

City of Albuquerque Jerry Cline Tennis Center  
7205 Constitution Ave. NE  
Albuquerque, NM 87110

## **Contact Information:**

Enrique Aguilar  
Phone: (505) 270-5512

# Special Olympics New Mexico



## **Program Description:**

Special Olympics New Mexico provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

## **Who Is Eligible to Participate:**

Persons are eligible for Special Olympics provided they are 8 years of age or older and have been identified by an agency or professional as having a mental challenge or a cognitive delay as measured by formal assessment or have significant learning or vocational problems due to a cognitive delay which require specifically designed instruction. People with functional limitations based solely on a physical, behavioral, emotional, specific learning disability, or sensory disability are NOT eligible.

## **Facility/Program Location:**

Visit the website to find the program closet to you.

## **Contact Information:**

6600 Palomas NE Suite 207

Albuquerque, NM 87109

Phone: (505) 856-0342

Website: <http://www.sonm.org>



# Sunshine Ambassadors



## **Program Description:**

Sunshine Ambassadors, Inc. mission is to enrich the lives of individuals with disabilities through dance. We emphasize “progression” rather than “perfection.” Enrichment comes in the form of weekly classes and numerous public performance opportunities.

## **Who is Eligible to Participate:**

Most of our dancers have intellectual disabilities that are frequently coupled with some physical disabilities. Children, teens, and adults can participate.

## **Special Information:**

Services are free, but we rely on tax deductible donations.

## **Facility/Program Location:**

Dance Theater Southwest  
3805 Academy Parkway South NE  
Albuquerque, NM 87109

## **Contact Information:**

Lurley Noe  
Cell Phone: (865) 384-6156  
Email: [lurley@bellsouth.net](mailto:lurley@bellsouth.net)

## **Website:**

<http://www.sunshineambassadors-dance.org>

# UNM Adapted Sports Festival



## **Program Description:**

The UNM Adapted Sports Festival's primary focus is to promote physical activity and sports for people with any disability, injury or illness; raise awareness of disability sports and physical activity in Bernallio County, and provide service-learning opportunities to students to learn how to create and adapt programs for people with disabilities.

## **Special Information:**

- Introduction to Adaptive: Basketball, tennis, cycling, goal ball, kayaking, scuba diving, gentle water exercise, and more
- Registration forms online

## **Event Location:**

Jewish Community Center  
5520 Wyoming Blvd. NE  
Albuquerque, NM 87109

## **Contact Information:**

Cathy Tingstrom, Ph.D.  
Office: (505) 277-8176  
Fax: (505) 277-6227  
Email: [ctingstr@unm.edu](mailto:ctingstr@unm.edu)

**Event Website:** [coe.unm.edu/asf](http://coe.unm.edu/asf)

# UNM Homeschool Adapted PE Program



## **Program Description:**

This program is designed for any child age 6-13 (approximately) that is homeschooled and who would benefit from an adapted physical education environment

## **Who is Eligible to Participate:**

Homeschooled children approximately ages 6-13

## **Special Information:**

- This Program is Free of Charge.
- A registration form must be completed prior to participation. Classes are held Friday 9:30am – 10:30am. They begin in February and run through April.

## **Facility/Program Location:**

Auxiliary Gym in Johnson Center at the University of New Mexico

## **Contact Information:**

Cathy Tingstrom, Ph.D.

Office: (505) 277-8176

Fax: (505) 277-6227

Email: [ctingstr@unm.edu](mailto:ctingstr@unm.edu)

# US Youth Soccer/TOPSoccer



## **Program Description:**

A community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. Our goal is to enable the thousands of young athletes with disabilities to become valued and successful members of the US Youth Soccer family.

## **Who is Eligible to Participate:**

Any boy or girl living with a mental or physical disability between ages 4-16.

## **Special Information:**

The program is free this year. Athletes must be cleared to play in the current calendar year by their Primary Care Physician. Athletes with Down Syndrome must have a recent Cervical Spine X-Ray in accordance with the National Down Syndrome Society and US Youth Soccer.

## **Facility/Program Location:**

Corrales Soccer Fields at 500 Jones Rd., Corrales, NM 87048

## **Contact Information:**

Phone: 505-922-9440

Email: [corralessoccerclub@gmail.com](mailto:corralessoccerclub@gmail.com)

## **Website:**

<http://www.corralessoccerclub.org/TOPSoccer.php>

# Very Special Arts of New Mexico



## Program Description:

Since 1981, we have focused on providing arts education and exhibition opportunities for adults with developmental disabilities.

*Day Arts* - For adults with disabilities who prefer classroom-based instruction in classes ranging from painting, pottery and bookmaking, to Hip Hop, ballet and Shakespeare

*Exploratory Arts* - For adults with disabilities who prefer an open studio setting to pursue a diverse assortment of arts-based activities with instruction generally on a one-to-one basis

*Arts Adventures* - A weekend program that offers young people with Autism Spectrum Disorders a range of creative learning and socializing opportunities, and serves as a respite program for families of children with ASD.

**Who is Eligible to Participate:**  
Our programs are exclusively for those enrolled in one of two, year-round, arts-based programs.

**Facility/Program Location:**  
4904 4th Street NW  
Albuquerque, NM 87107

**Contact Information:**  
Phone: (505) 345-2872

Email: [info@vsartsnm.org](mailto:info@vsartsnm.org)

Website: [www.vsartsnm.org](http://www.vsartsnm.org)

# Wheel Runners Junior Wheelchair Basketball Team



## **Program Description**

The Wheel Runners are a junior wheelchair basketball team sponsored by the Carrie Tingley Hospital Foundation

## **Who Is Eligible to Participate?**

Youth ages 6 to 18

## **Special Information**

The team has no cost to participate and equipment is provided

## **Facility/Program Location**

The team practices at the Jewish Community Center  
Saturdays from 10a.m. to 12p.m.

## **Basic Contact Information**

Sebastian

Phone: (505) 750-4625

Email: [spuds@nmwheelchairsports.com](mailto:spuds@nmwheelchairsports.com)

Website: <http://carrietingleyhospitalfoundation.org>  
and [www.nmwheelchairsports.com](http://www.nmwheelchairsports.com)

# Zia Free Wheelers Adaptive Cycling Team



## **Program Description:**

This program is for children with disabilities that prohibit them from riding a regular bicycle.

## **Who is Eligible to Participate:**

Children with disabilities ages 4-18 who are not able to ride a regular bicycle.

## **Special Information:**

Free of Charge. Families are encouraged to participate with their children if they are able. Children are welcome to use their own bike but we also have a variety of handcycles and adaptive tricycles available for them to try.

## **Facility/Program Location:**

A variety of locations in the Albuquerque area in the Spring & Fall

## **Contact Information:**

Scott Hubbard

Phone: (505) 362-4900

Email: [ziafreewheelers@cthf.net](mailto:ziafreewheelers@cthf.net)

Website: [www.carrietingleyhospitalfoundation.org](http://www.carrietingleyhospitalfoundation.org)

**Know About Something That Isn't Listed  
Here?**

If You Know About An Adaptive Program  
That You Think Should Be Listed In This  
Booklet

OR

If You Simply Want To Update Information  
About A Program In This Booklet

Please Email:

**NMADAPTIVEPROGRAMS@GMAIL.COM**

Please Note: This booklet was created and updated by medical students in the hopes of building a social resource for the special needs children and families of New Mexico. Information contained in this booklet is intended for information purposes only. Its contents are up to date to the best of the creator's knowledge.