

Free and Low-cost Food Resources in Albuquerque

New Mexico

<p>City of Albuquerque Food Box Program Los Griegos Health and Social Services</p> <p>Address: 1231 Candelaria NW Phone: 505-761-4050 Services: Food box every 30 days to qualified residents Eligibility/Ages: All ages</p> <ul style="list-style-type: none">• Call the main number to be directed to the Health and Social Services Center in the appropriate area.• Utility bill (last 30 days), lease, or letter sent in the last 30 days and a photo I.D. required• The same name needs to be on both forms of I.D.	<p>Rio Grande Food Project</p> <p>Address: 600 Coors Blvd NW Phone: 505-831-3778 Website: www.rgfp.org Services: Free monthly food box and utility assistance Eligibility/Ages: All ages</p> <ul style="list-style-type: none">• Bring I.D. & birth certificate for all members of household Mon, Wed & Fri 10 am – 2 pm, Sat 9 am – 12 pm• Food boxes proportional to size of family
<p>Meals on Wheels</p> <p>Address: 5901 Harper Dr. NE Phone: 505-823-8060 Website: www.mow-nm.org Services: Low-cost, home-delivered meals. Diet options offered are: regular, heart healthy, diabetic, renal, vegetarian, pre-cut, softened, or pureed. Eligibility/Ages: All ages</p> <ul style="list-style-type: none">• Meals begin at \$6.50• Financial assistance for those who qualify through the LIFE program	<p>The Storehouse</p> <p>Address: 106 Broadway SE Phone: 505-842-6491 Website: www.thestorehouseabq.org E-mail: info@thestorehouseabq.org Services: Free monthly food box Eligibility/Ages: All ages</p> <ul style="list-style-type: none">• Wed – Sat 9am – 12pm (closed for cleaning on the third Wednesday of each month)• Arrive early, there is always a line outside the door• Numbers are issued to customers waiting in line, and customers are served in numbered order• Requires valid I.D. for first-time registration• Clients may shop for food once per month

Seniors

<p>City of Albuquerque Seniors Affairs (CASA)</p> <p>Address: 2540 Karsten Ct SE Phone: 505-764-6400 Website: www.cabq.gov/seniors Services: Meals served at Senior Center Locations. These sites are open Mon – Fri, 8 am – 3 pm, reservations required for lunch, and a monetary donation is requested. If home delivered meals are needed, call the number above and a referral will be provided. Eligibility/Ages: 60 + years of age</p>	<p>Echo Inc.</p> <p>Address: 300 Menaul Blvd. NW #226 Phone: 505-242-6777 Website: www.echoinc.org Services: Free monthly food boxes for one year Eligibility/Ages: 60 + years of age</p> <ul style="list-style-type: none">• Bring I.D. and proof of income and physical address• Hours are Mon – Thu 7 am – 5:45 pm, closed 12 pm – 1 pm, Fri 10 am – 2 pm. Not closed for lunch
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Questions? Call the CDD Information Network at

1-800-552-8195 or 505-272-8549

<https://goto.unm.edu/amx6v>