

Leadership Success:
Maximizing Potential
and
Minimizing Regret

Personal Leadership



“Nothing so conclusively proves a one’s ability to lead others as what one does from day to day to lead oneself.”



A close-up photograph of two hands clasped together. The hand on the left is significantly older, with deeply wrinkled, thin skin and visible veins. The hand on the right is younger, with smooth, fair skin. The hands are positioned in a way that suggests support, care, or a firm grip. The background is softly blurred, showing what appears to be a light-colored fabric, possibly a bedsheet or a piece of clothing.

Spent more time with family

Lived up to my potential

Let myself be happier



Physical



Mental

What are the single most important things you can do in each of these areas that will have the greatest positive impact on your life and help you achieve a sense of balance?




Social/Emotional

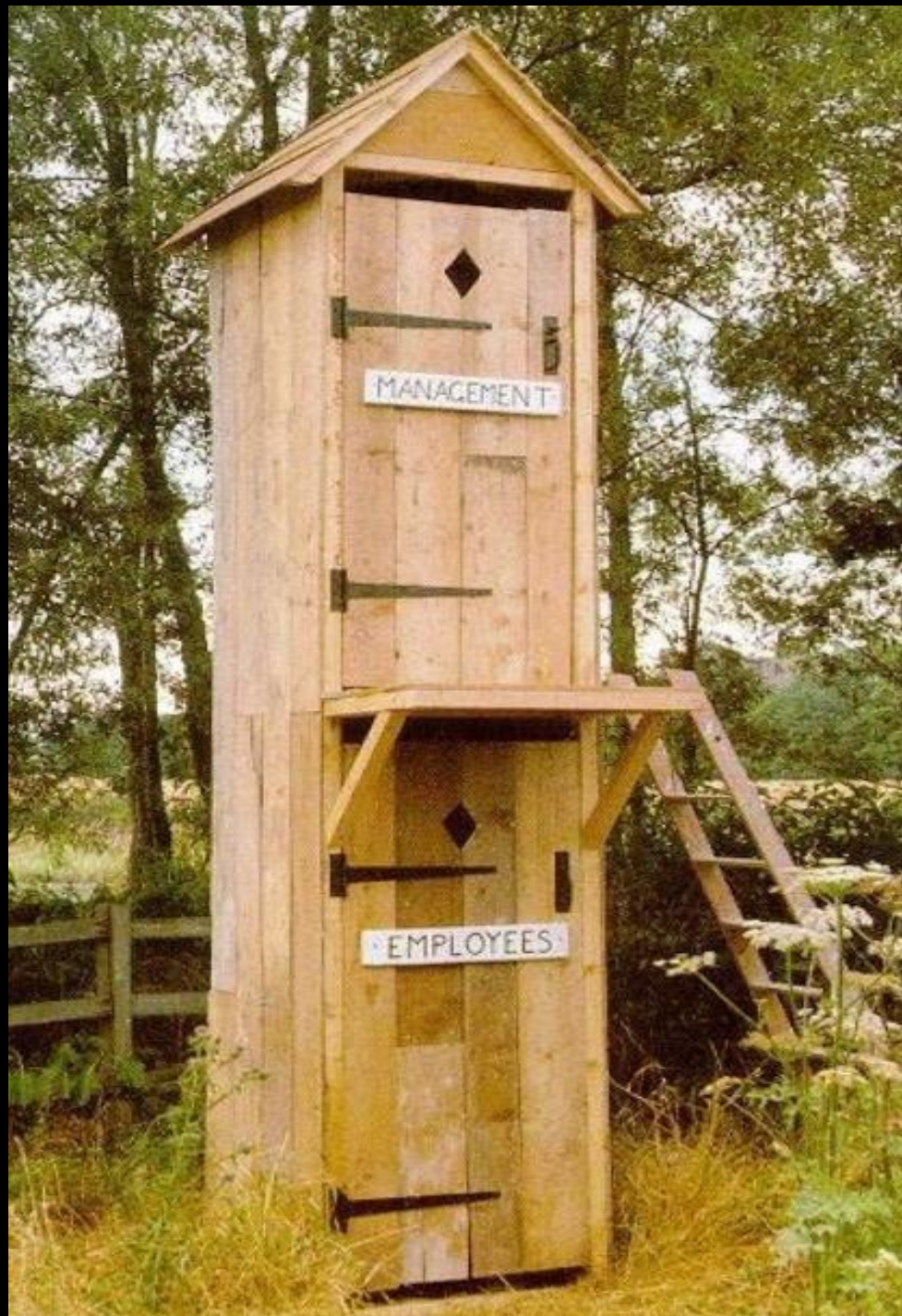


Spiritual



A grayscale photograph of an elderly man with white hair, looking directly at the camera with a slight smile. He is holding a basketball with both hands in front of his chest. The background is dark. Overlaid on the image is a white quote.

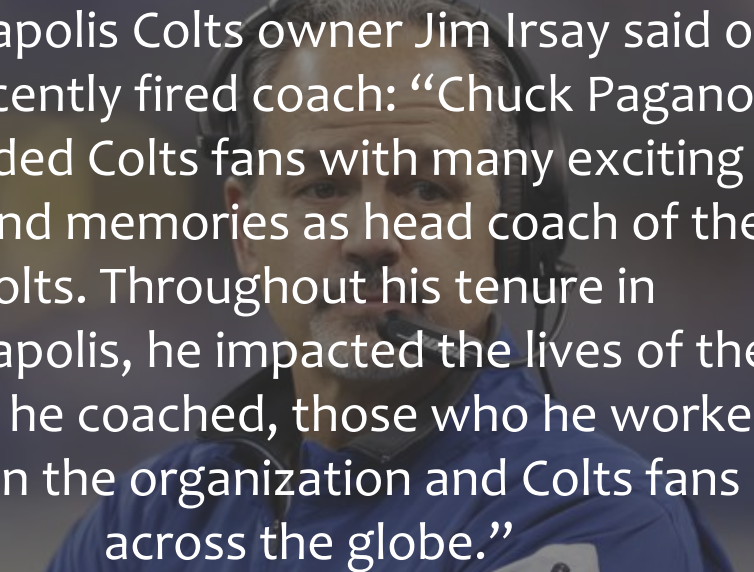
“Make each day your masterpiece.”



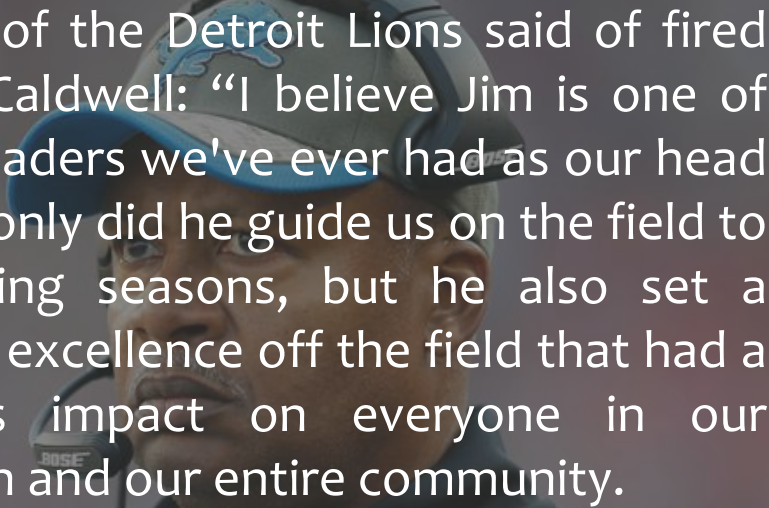
Leadership & Management



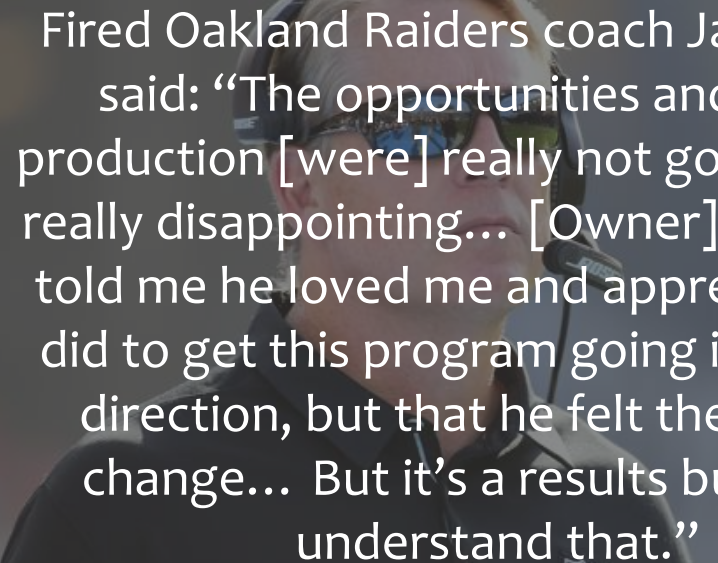
LEADERSHIP vs MANAGEMENT: WHAT IS THE DIFFERENCE?

A photograph of Jim Irsay, the owner of the Indianapolis Colts, wearing a blue Colts jacket and a headset. The background is a blurred stadium setting.

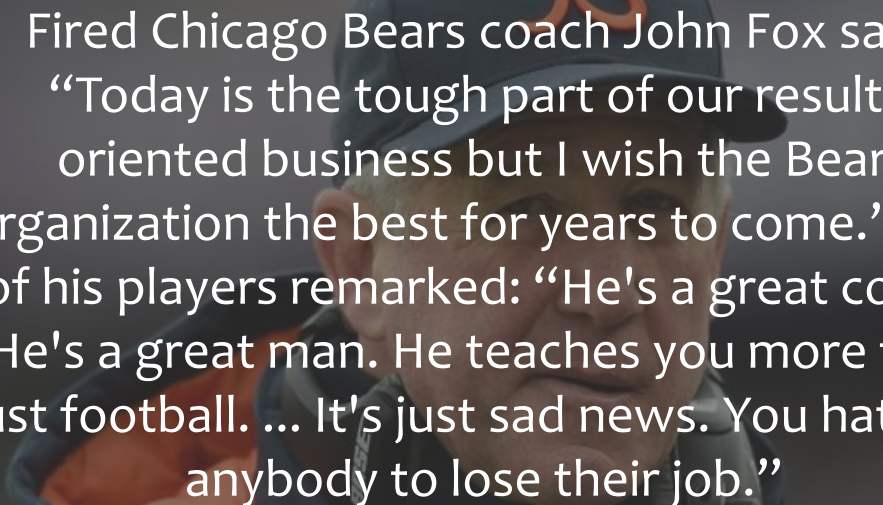
Indianapolis Colts owner Jim Irsay said of his recently fired coach: “Chuck Pagano provided Colts fans with many exciting wins and memories as head coach of the Colts. Throughout his tenure in Indianapolis, he impacted the lives of the players he coached, those who he worked with in the organization and Colts fans across the globe.”

A photograph of Jim Caldwell, the former head coach of the Detroit Lions, wearing a blue Lions cap and a headset. The background is a blurred stadium setting.

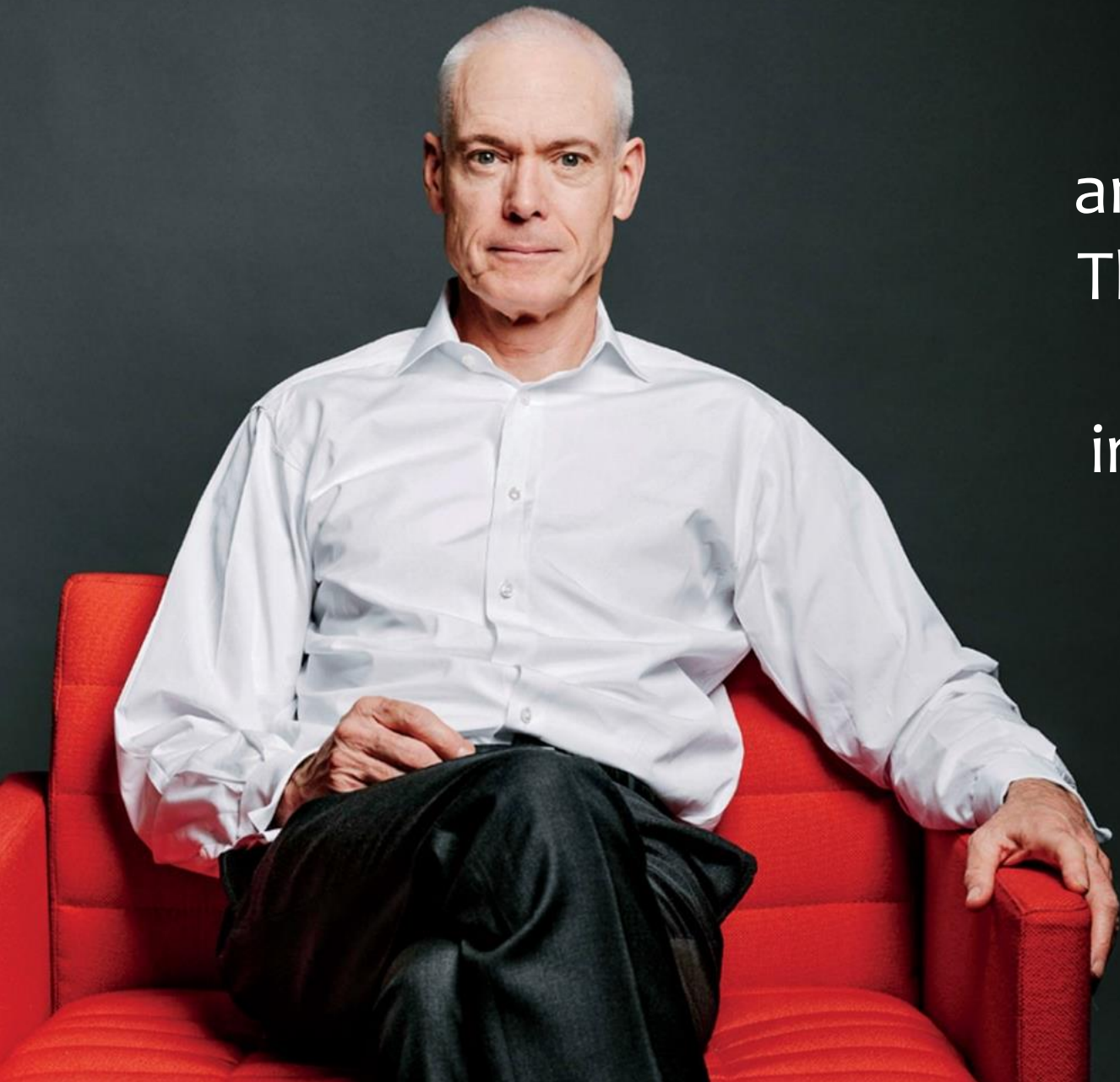
The owner of the Detroit Lions said of fired coach Jim Caldwell: “I believe Jim is one of the finest leaders we’ve ever had as our head coach. Not only did he guide us on the field to three winning seasons, but he also set a standard of excellence off the field that had a tremendous impact on everyone in our organization and our entire community.”

A photograph of Jack Del Rio, the former head coach of the Oakland Raiders, wearing a black Raiders jacket and a headset. The background is a blurred stadium setting.

Fired Oakland Raiders coach Jack Del Rio said: “The opportunities and lack of production [were] really not good enough, really disappointing... [Owner] Mike Davis told me he loved me and appreciated all I did to get this program going in the right direction, but that he felt the need to change... But it’s a results business. I understand that.”

A photograph of John Fox, the former head coach of the Chicago Bears, wearing a blue Bears cap and a headset. The background is a blurred stadium setting.

Fired Chicago Bears coach John Fox said, “Today is the tough part of our results-oriented business but I wish the Bears organization the best for years to come.” One of his players remarked: “He’s a great coach. He’s a great man. He teaches you more than just football. ... It’s just sad news. You hate for anybody to lose their job.”



“The very best leaders are first and foremost effective managers. Those who seek to lead but fail to manage will become either irrelevant or dangerous, not only to their organizations, but to society.”

Jim Collins

How do you find the
balance between
managing
&
leading?



Self-Awareness

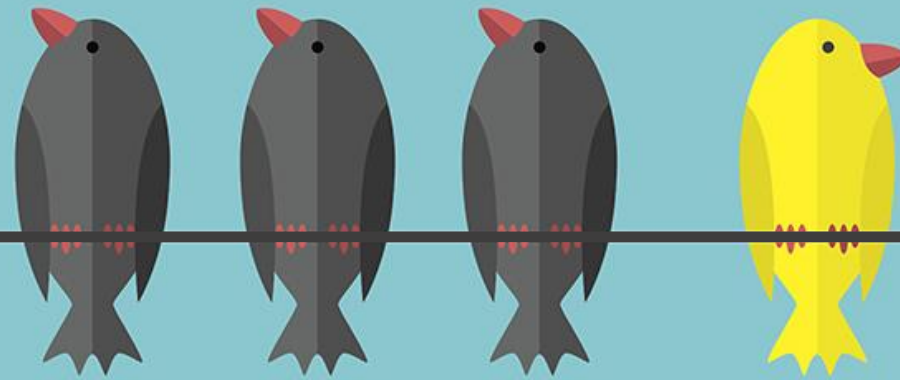


Self-Awareness

Internal-knowing & understanding your values, passions, and aspirations

External-knowing how other people see you.

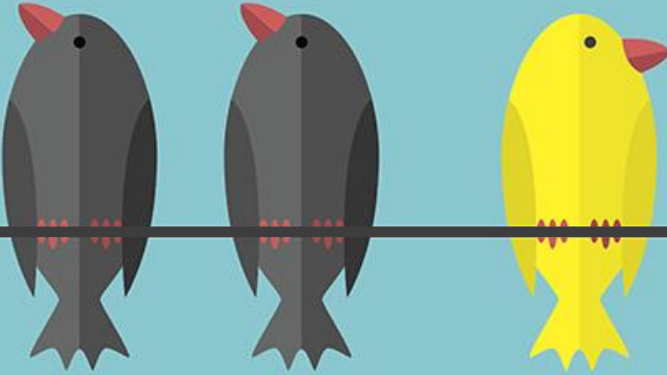
Blind spots



Blind spots



Knowledge
Blindness



Blind spots



Knowledge
Blindness



Emotion
Blindness



Blind spots



Knowledge
Blindness



Emotion
Blindness



Behavior
Blindness

