

## THE VISION OF THE NEW MEXICO BREASTFEEDING TASK FORCE (NMBTF) IS A WORLD WITHOUT BARRIERS TO BREASTFEEDING.

THE NMBTF MISSION IS TO CREATE SUPPORTIVE ENVIRONMENTS IN WHICH BREASTFEEDING IS THE CULTURAL NORM.

# WHY WE SUPPORT BREASTFEDING

Benefits for babies

**REDUCES RISK OF OBESITY AND CHRONIC CONDITIONS SUCH AS** DIABETES AND CELIAC DISEASE

**REDUCES RESPIRATORY AND** GASTROINTESTINAL INFECTIONS

DECREASES RISK OF SUDDEN **INFANT DEATH SYNDROME (SIDS) BY HALF** 

IS CONVENIENT AND EASILY ACCESSIBLE

**PROVIDES BETTER ANTIBODY RESPONSE TO VACCINES** 



Benefits for parent

**REDUCES RISK OF** POSTMENOPAUSAL OSTEOPOROSIS, OBESITY, **BREAST AND OVARIAN CANCERS** 

### **HELPS POST-DELIVERY HEALING**

IS SUSTAINABLE, CONVIENTIENT AND LESS EXPENSIVE

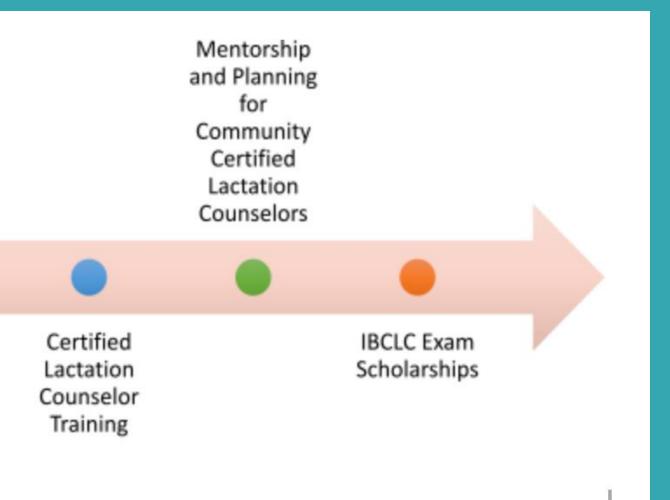
**REDUCES** 'TIME AWAY FROM WORK TO CARE FOR BABIES WHO ARE ILL





Serve as Fiscal Agent & Community Partner for DOH WIC PC Program		Home Visitor & Community Healthcare Worker Lactation Training
	Clinic Staff Support through Breastfeedin g Friendly Clinic Initiative	

Community Engagement + Workplace Support + Education Opportunities + Lactation Collaborative





# **Home Visiting Curriculum Talking about Lactation**



Developed by New Mexico Breastfeeding Task Force with funding from the WK Kellogg Foundation Primary author Chris Jepson, RN, RD, IBCLC Design Nina Simon, Delta Consulting Developed July 2021 Revised October 2021





# **Home Visitors**

- Educate, support and empower parents and their families
- Refer them to appropriate resources

## Your lactation conversations with clients make a difference!

## **Course Objective**

Home Visitors will express having an increased confidence in providing lactation support and education to their clients.



### The course includes five 75 minute sections

Part 1 Personal Considerations

Part 2 Prenatal

Part 3 Intrapartum

Part 4 Postpartum

Part 5 Post Neonatal

# CLC SCHOLARSHIP PROGRAM





PROGRAMS & PROJECTS

**NM CHAPTER NO. 2007-18** STATES THAT EMPLOYERS MUST PROVIDE NURSING EMPLOYEES: 1) SPACE FOR USING A BREAST PUMP THAT IS

- OUTREACH
- WORKPLACE SUPPORT
- RESOURCES

2) FLEXIBLE BREAK TIMES

NEW MEXICO LAW (STAT. ANN. § 28-20-2 (2007) § 28-20-2.) B. STATES THAT EMPLOYERS ARE NOT LIABLE FOR:

IS USING A BREAST PUMP

(a) clean and private

(b) near the employee's workspace

(c) not a bathroom

THE STORAGE OR REFRIGERATION OF BREAST MILK

PAYMENT FOR A NURSING MOTHER'S BREAK TIME IN

ADDITION TO ESTABLISHED EMPLOYEE BREAKS

PAYMENT OF OVERTIME WHILE A NURSING MOTHER

# BREASJFEEDING IN PUBLIC SCPACES

# NMSA 1978, SECTION 28-20-1 (1999).

# MAKES IT LEGAL FOR A **MOTHER TO BREASTFEED HER** CHILD IN ANY LOCATION, **PUBLIC OR PRIVATE, WHERE** THE MOTHER IS OTHERWISE AUTHORIZED TO BE PRESENT.





LOCAL AREA BREASTFEEDING RESOURCE **GUIDES** 

COMPREHENSIVE STATEWIDE NETWORK **OF BREASTFEEDING ADVOCATES AND** CARE PROVIDERS

**CREATIVE WORKPLACE SOLUTIONS** 

SIGNAGE FOR LACTATION SPACES

EMPLOYEE ADVOCACY SUPPORT

**STAFF TRAINING** 

REGOGNITION

### **EDUCATION: INCLUDING ACCESSING PUMPS FOR CLIENTS**



# **OUR CONTACT INFORMATION**

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