



Family Support and Early Intervention Division
HOME VISITING

NM Home Visiting Bits and Bites

October 2022



Strategies to Support Home Visiting Families with Early Childhood Transitions

Strategies to Support Home Visiting Families with Early Childhood Transitions

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Early Childhood Education and Care Department (ECECD) Updates

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What comes to your mind when you hear the word "transition"?

Transition in early childhood can have many meanings. "Transition is a course of change where an individual adjusts to a novel environment. Transition, therefore, is about the shift that an individual experiences during a particular phase of time" (Mathews, n.d.).

A global transition that just occurred was the COVID pandemic. Children had to adjust to a new way of going around in their environments. In 1992, Kagan described transitions as being horizontal and vertical. Vertical transitions are movements between educational settings at a certain age, such as daycare to preschool, preschool to primary school, and transitioning out of early intervention.

Horizontal transitions are movements from one setting to another that happen daily such as from home to childcare. Teachers talk about the transitions that occur in the classroom, such as moving from snack time to nap time.

Transitions occur throughout life and can be expected or unexpected. Supporting families through these transitions and collaborating with other community partners is important. "When programs work together to facilitate children's transitions and involve families as full partners in the process, children experience less stress and are more likely to show progress more quickly in the new setting" (SERVE, 2005).

Home Visitors are in a unique position to help families make connections and become active in the transition process. Some strategies to support families include a discussion with families to find out how they feel, what they look forward to, and what is giving them anxiety. Providing opportunities for families to come together to share concerns and experiences with transition processes may be helpful to families. In collaboration with families, it is important to create something to celebrate the transition. (NCPFCE, n.d.).

Home Visiting curriculum may address transition and provide activities and resources for families. Your program may also have a transition planning process in place. Collaborating with experienced colleagues on early childhood transition may generate new ideas and strategies to support families.

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References:

Baldwin, Nikki, Ph.D., (n.d.). Understanding and Supporting Transitions in Early Childhood Education: A Summary of Evidence and Recommendations for Wyoming Rationale.

Early Childhood Education and Care Department (ECECD)

The ECECD 5-year Strategic Plan has been released and can be found here: <https://bit.ly/3SFWzhe>

This plan will inform how we at ECECD Home Visiting continue to support our children, families, and home visiting staff as well as how Home Visiting Programs will work with an eye towards supporting the Strategic Plan, and its goals and objectives. We encourage all home visiting staff and administrators as well as our support teams to become familiar with this important roadmap to the next five years for ECECD and the programs it supports.

Manager/Monitor teams have begun conducting Site Visits and plan to visit all programs within the next month or two. We are excited to meet in-person and learn about all the wonderful things programs are doing to support children, families and staff.

Reminder: The Recruitment and Retention Program Plan is due this month, on October 14. The date was extended to allow for first-quarter information to be available.

New Mexico State Offices will be closed on Friday, November 11 for Veterans Day.

First Quarter CQI invitations are currently being sent out and will replace your regular monthly data audit and monthly check-in with your Manager/Monitor. Alternate days will be scheduled for Veterans Day on Friday, November 11 as needed.

Story from the Field

Ruby Sambrano, MAEd, IMH II
Interim Program Manager, Cariño Home Visiting, Aprendamos Family of Services

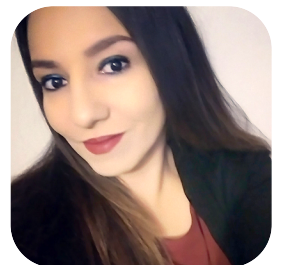
At Cariño Home Visiting, we are certified parent educators with the Parents as Teachers Program (PAT). We have two parts to our certification, prenatal to age three and ages three to five. PAT has many resources for Home Visitors on all the transitions that families may go through. One of the strengths of our company is that we have many internal programs and we work together as a team to serve families.

Transitions are a very important part of home visiting. Recently one of the children on my caseload transitioned to preschool. Mom was very worried about putting her in school because they are monolingual Spanish speakers and mom went to school in Mexico and didn't know what to expect.

Last month when I called to check up on the family and asked to set up a visit she explained that she was worried because the teacher had concerns for her child. The teacher mentioned the child needed more one on one or small group teaching time because of the large classroom and the child's learning style. The teacher mentioned a Student Assistance Team (SAT) or Individualized Education Plan (IEP) and did the best she could to explain to mom what this meant and how each process worked.

Mom was worried and asked many questions about the processes. Mom and the teacher worked together and included me in a phone call where I helped to translate the conversation. I was able to contact the child's former early intervention specialist and requested that a copy of the child's Individual Family Service Plan (IFSP) be left at the front office where mom could pick it up. We requested this document be printed in Spanish and I explained to mom how sharing this document with the child's teacher can help the teacher to better support the child moving forward.

Mom also explained her own frustrations with the language barrier and the difference in school policies here compared to Mexico. I feel blessed to be able to help this family and to help the child succeed in school. Mom thanked me and stated that she is starting to feel better but it is a process, and I will be right there with them to help every step of the way.



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[Home Visiting Training Calendar](#)



[Previous COL Sessions, Articles, Tips, and Resources](#)



October is SIDS/SUIDS Awareness Month and October 17-21 is Celebrate Babies Week

Visit the links below for resources!

[Safe To Sleep® Toolkit](#)

[Safe To Sleep® Snap Activity](#)

[Safe to Sleep® Shareable Content](#)

[Celebrate Babies Week](#)

[NM Early Childhood Safe Sleep Initiative Online Training](#)

[American Academy of Pediatrics Safe Sleep](#)

Home Visiting Dates on the Horizon

October 6, 25	October 10, 19	October 11	October 11	October 14
Reflective Case Reviews 1:30-2:30 p.m., via Zoom	Reflective Case Reviews 9-10 a.m., via Zoom	Community of Learners-Home Visiting and Support for Families with Transitions 10-11:45 a.m., via Zoom	Program Recruitment and Retention Plans Due (revised date)	FY 23 Quarter 1 narrative Due
October 18, 19, & 21 Mothers and Babies Training 1-4:30 p.m., via Zoom	October 28 Supporting the Home Learning Environment 10-11 a.m., via Zoom	November 2, 3, 16, & 17 New Home Visitor Training Interactive Orientations Sessions 9 a.m. - 12:30 pm, via Zoom	November 3 Reflective Case Reviews 1:30-2:30 p.m., via Zoom	November 8 Community of Learners-The Integral Role Home Visitors Play in Supporting Infant Mental Health Outcomes 10-11:45 a.m., via Zoom
November 14 & 23 Reflective Case Reviews 9-10 a.m., via Zoom	November 18 Supporting the Home Learning Environment 10-11 a.m., via Zoom	November 21 Tentative Ages and Stages Questionnaires® Training (Please note that this date/time is subject to change) 8:30 a.m.-4 p.m., via Zoom	November 30 New Home Visitor Interactive Orientation Follow-up Session 10-11:30 a.m., via Zoom	<div style="border: 2px solid teal; border-radius: 15px; padding: 10px;"> <p>Visit the HV Training Calendar link above or HERE to register for sessions!</p> <p>Individual registration is required in order to receive a certificate.</p> </div>

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