

Typical Development-Online Resources

[ECECD is offering a limited number of free subscriptions](#) to the online learning platform Quorum, which provides professional learning opportunities for early childhood educators. The courses entitled [Amazing Development: Infants](#) and [Amazing Development: Toddlers](#) provide interactive e-learning opportunities that cover typical development in each of the developmental domains as well as ideas for activities that support children's growth and learning. While these courses were written with early childhood general education teachers in mind, the information provided can be utilized by developmental specialist or other interventionists that need a broad overview of typical child development and the interactions that support and enhance children's learning within each developmental domain.

[Pathways.org](#) is a free website and mobile app that provides videos and checklists that outline typical development, suggestions of activities that support various developmental milestones, as well as information about specific disorders or developmental concerns such as Torticollis. The videos are all brief (less than 5 minutes) and can be utilized to quickly build knowledge about specific topics. Navigate to the bottom of the page to find a handy menu of their offerings:



The screenshot shows the Pathways.org website navigation menu. On the left is the Pathways.org logo and contact information: friends@pathways.org, 355 E Erie St., Chicago, IL 60611, and a sign-up link for emails from Pathways.org. Below this is a yellow 'Donate' button with a right-pointing arrow. The main menu consists of five columns:

- Resources by Age:** Preemie/NICU, 0-3 Months, 4-6 Months, 7-9 Months, 10-12 Months, 13-18 Months, 19-24 Months, 2-3 Years, 4-6 Years.
- Resources by Topic:** Motor, Sensory, Communication, Feeding, Tummy Time, Play, Social-Emotional, Executive Function.
- Help Keep Baby on Track:** Videos, Mobile App, Baby Games Calendar, Baby's 1st Year Milestone Guide, Early Detection and Early Intervention.
- Quick Links:** Blog Posts, OnLine Courses, Expecting Parents, Checklists and Brochures, Order, FAQs, Glossary.

[ZeroToThree.org](#) is a free website that provides articles and handouts about typical development by age *and* by skill such as a guide on the typical stages of gross motor development from rolling over to walking. The website also includes articles on specific concerns such as biting and tantrums. To access the website's developmental information, navigate to "resources" and then "for families".

[The Early Childhood Personnel Center's Lessons and Videos](#) section provides online courses and practice guides on how children learn as well as basic instructional strategies that support child development and family-guided routines-based interventions.

[Help Me Grow](#) is a website that provides lists of milestones by age and also by developmental area. The website also includes videos that are 5-6 minutes in length that highlight typical development for each age. To find the resources, navigate to the "Developmental Milestones" section.

[Learn the Signs. Act Early](#) is maintained by the CDC and provides web and print-based developmental milestones lists, including very short video examples of specific skills such as age-appropriate vocalizations and motor skills. The website also contains a section on [specific conditions](#) such as cerebral palsy and language and speech disorders.

[HealthyChildren.org](https://www.healthychildren.org) is maintained by the American Academy of Pediatrics and contains articles that highlight typical development by age as well as what to expect within each developmental domain at a given age, for example, typical language development for 2-year-olds.

[The Children's Hospital of Orange County](https://www.childrenshospital.com) features typical development guides that highlight the typical social, communication, motor, and cognitive skills of children at each age. Each article also highlights important information about feeding and sleep as well as general tips for how parents can support their child's development at each stage.