



Doula & Home Visiting

Holistic Practice



What are the benefits of being a Doula and Home visitor



A support for the family.

Home Visiting Tools and
Curriculum

Relationship Based Practice

Resources

Advocacy

Mental Health Support



Tools

MCH Maternal and Child Health/ Family Health

RAT Relationship Assessment and Safety Plans

EPDS Depression risk assessment Safety Plans

SSI Community awareness of resources

ROP Reflections on Parenting

Mother's and Babies





“ You would’ve been so proud, I acted
so bad ass the entire time.

”

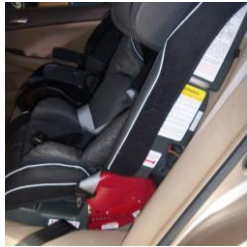
Thriving Kids Community Action Agency Client



Relationship Based Practice



Community Resources and Advocacy



Safer NM Car Seat Techs



Safer Sleep NM



Diapers and Wipes



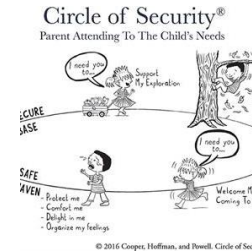
Breastfeeding Support



Housing



Food Sufficiency



Parenting Support



Mental Health Resources





Trainings and Birthing Resources

Indigenous Breast Feeding Counseling

IndigenousBFCounselor@gmail.com

ZAAGI'DIWIN Full Spectrum Doula Training

<https://youtu.be/i3Y0bRGp3Ls>

<https://youtu.be/uMcgJR8ESRc>

<https://lacasainc.org/survivor-services/supportive-services-program/>





Thank you

