

# FOUNDATIONS OF RELATIONSHIP BASED EARLY INTERVENTION ONLINE TRAINING

## Participant's Reflection & Activity Workbook



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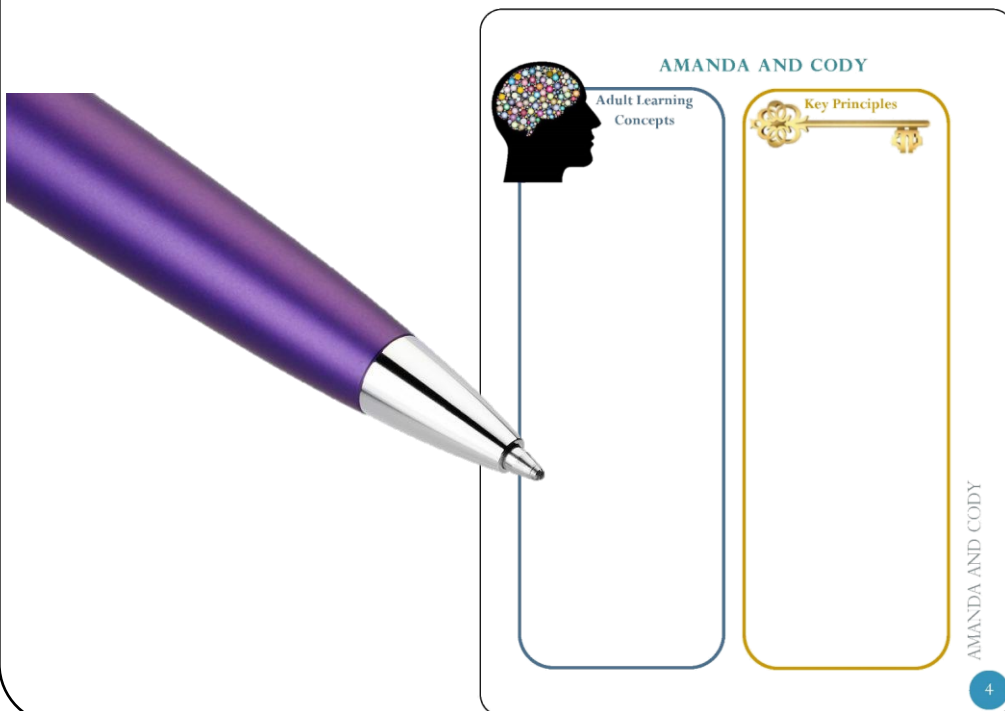
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## USING THIS WORKBOOK

As a participant of the NM FIT Program’s Foundations of Relationship-based Early Intervention online training, you are required to:

- 1) complete all of the online lessons;
- 2) complete ALL of the activities in this workbook as directed in the training; and
- 3) meet with your assigned agency supervisor/mentor/coach to review the materials and discuss your reflections on the training content.

As you progress through the training, opportunities for reflection and/or activities will be presented to you. When you come to these areas of the training, please find the associated page in this workbook and follow the instructions from the training on how to complete the page. You must give the completed workbook to your supervisor/mentor/coach for their review prior to a meeting to discuss your learning.



# REFLECTION ON NM FIT KEY PRINCIPLES



Of the eight key principles, what two principles do you consider to be a strength for you, and why?

Of the eight key principles, what two principles do you feel are challenging for you, and why?

# AMANDA AND CODY



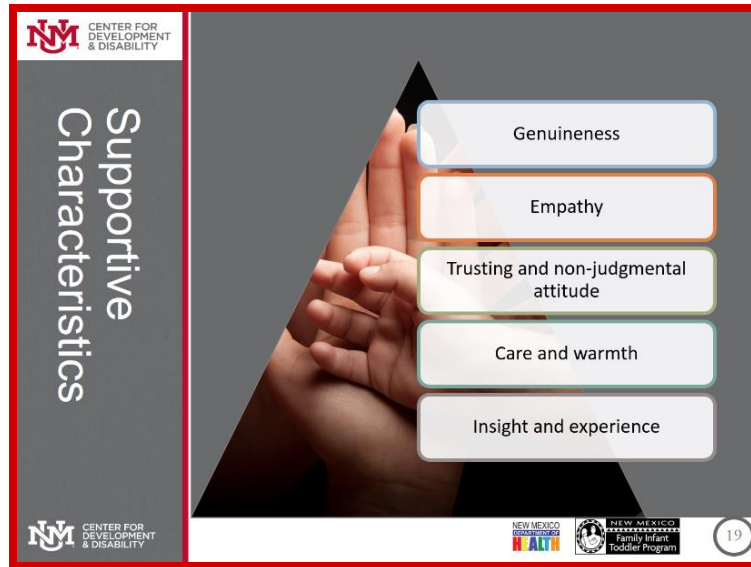
Adult Learning  
Concepts



Key Principles

AMANDA AND CODY

# RELATIONSHIP REFLECTION ACTIVITY



## RELATIONSHIP REFLECTION ACTIVITY

What supportive characteristics discussed do you think you have?

What other skills and characteristics do you feel you have that support building a positive relationship with a family?

What would indicate to you that you have a positive relationship with the family?

# USING VIDEO REFLECTION

## BASED ON VIEWING – OBSERVING OURSELVES

How can video support practitioners to reflect on their home visits with families?







## BASED ON VIEWING SUPPORTING FAMILIES IN OBSERVING

What are some ways video can be used with families to support their child's development?

# ECOMAPPING ACTIVITY



ECOMAPPING ACTIVITY

-  Strong positive support
-  Moderate support
-  Weak support
-  Stressful

**As you look at your ecomap what stands out for you? (Does the family you are thinking about have more support than you realized? Or less? Perhaps you don't know enough about the family to complete an ecomap. Etc.)**

**How do you think creating an ecomap for a family you work with could be helpful?**

**What support would you need to be able to use ecomaps in your work with families?**



## REFLECTIONS OF BLAKE



How can we, as service providers, learn about the family's concerns and challenges in their everyday routines and activities?




How does Trudi's perspective of the intervention fit with your current practice?



Given what mom and Trudi shared about the benefits of interventions within routines, how might you shift your current practice to expand into more family routines?

# FURTHER REFLECTIONS

## Reflections on Nicholas



What do you notice about the location and the materials that are being used?

What developmental skill(s) do you see Nicholas working on?

How is the parent supporting his skills?

## Reflections on Cody

What do you notice about the location and the materials that are being used?



What developmental skill(s) do you see Cody working on?

How is the teacher supporting his skills?

## HELPFUL LINKS AND RESOURCES

Individuals with Disabilities Education Act (IDEA) Part C

<https://sites.ed.gov/idea/building-the-legacy-idea-2004/#cpart-c-welcome>

FIT Program Regulations

<http://www.cdd.unm.edu/ecln/FIT/pdfs/7.30.8%20NMAC%2006-29-12%20FINAL1.pdf>

Division of Early Childhood DEC Recommended Practices

<http://www.dec-sped.org/dec-recommended-practices>

Key Principles of Early Intervention and Effective Practices: A Crosswalk with Statements from Discipline Specific Literature

[http://ectacenter.org/~pdfs/topics/eiservices/KeyPrinciplesMatrix\\_01\\_30\\_15.pdf](http://ectacenter.org/~pdfs/topics/eiservices/KeyPrinciplesMatrix_01_30_15.pdf)

The Florida State University Family Guided Routines Based Intervention website

<http://fgrbi.fsu.edu/>

If you are interested in learning more about Ecomaps you might find this video helpful

<https://www.youtube.com/watch?v=IRwwWMTESD0&feature=youtu.be>

Family Guided Routines for Early Intervention

<http://fgrbi.fsu.edu/handouts/approach2/Routines2014.pdf>

## CONCLUSION

Now that you've completed the online training and this workbook:

- Be sure to give a copy of this workbook to your designated agency supervisor/coach/mentor for review
- Set up a time to meet with that person to review and discuss your learning of the content
- (If applicable) With your supervisor, update your professional development plan goals to support additional learning as needed.

