

**Clarity is Optional; Direction is Not**  
**Pat Osbourn, MA, CCC, CED**

**Discussion Round 1:**

- What feels most uncertain or unsettled right now in your world?
- Where do you notice pressure to have it all figured out?
- What helps you stay steady when things don't feel clear?

**Discussion Round 2:**

- Where might clarity be unavailable but direction is still possible?
- What does good enough for today look like right now?
- How do you know when its time to move – even without full information?

**Discussion Round 3:**

- What values help orient you when plans keep changing ?
- How do dignity, safety or belonging show up as “direction”?
- What helps you feel less alone when navigating uncertainty?

**Discussion Round 4:**

- What is one thing you are taking from this conversation?
- What feels clearer?