



CENTER FOR
DEVELOPMENT
& DISABILITY

Autism and Other Developmental Disabilities Community Training

A REFERENCE FOR NAVIGATING RESOURCES FOR INDIVIDUALS WITH AUTISM, FAMILY MEMBERS, PROVIDERS, COMMUNITY ORGANIZATIONS, AND THE GENERAL PUBLIC

CENTER FOR DEVELOPMENT & DISABILITY | 2300 MENAUL BLVD NE, ALBUQUERQUE, NM 87107

505.272.1852 | 1-800-270-1861

[HTTPS://HSC.UNM.EDU/CDD/](https://hsc.unm.edu/cdd/)

[HTTPS://UNMHEALTH.ORG/SERVICES/DEVELOPMENT-DISABILITIES/PROGRAMS/AUTISM-PROGRAMS/](https://unmhealth.org/services/development-disabilities/programs/autism-programs/)

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Indigenous People's Land and Territory Acknowledgement

Founded in 1889, the University of New Mexico sits on the traditional homelands of the Pueblo of Sandia. The original peoples of New Mexico – Pueblo, Navajo, and Apache – since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and also acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history.

AODD Mission

To advance exemplary services, research, education & policy to support the well beings of all New Mexicans.

AUCD's mission is to advance policies and practices that improve the health, education, social, and economic well-being of all people with developmental and other disabilities, their families, and their communities by supporting our members in research, education, health, and service activities that achieve our vision.

Autism+

The Autism+ Program is dedicated to making our communities more accessible for individuals with autism spectrum disorder (ASD) and other disabilities and their families. Through organization-specific Autism Awareness training and ongoing consultation for staff, the Autism+ Program strives to ensure businesses obtain the knowledge, skills, and confidence to support individuals with ASD and other developmental disabilities.

Autism Programs offered through the Center for Development and Disability (CDD) are a collection of education, training, and consultation services. Our statewide programs focus on supporting and serving individuals with ASD and their families, caregivers, educators, and communities.



Our team is committed to the following:

- Helping you increase accessibility for everyone in the community.
- Helping make your space more welcoming to individuals with developmental disabilities such as Autism Spectrum Disorder (ASD) and their families.
- Helping you expand clientele and incorporate neurodiverse talent on your teams.
- Helping you benefit from increased range of perspectives and skills at your business.

The Autism Programs include a variety of disciplines with specific expertise in ASD; clinical psychologists, speech-language pathologists, social workers, educators, occupational therapists, family members, advocates, counselors, and others all lend their expertise to our programs and services.

If your organization is interested in receiving these services, please email

CDD-NMAutismPlus@salud.unm.edu or call 505-272-1852.

Autism Imagine Training Series

The Autism Imagine Training Series focuses on Autism Spectrum Disorder and offers training to a broad audience on best practices in education, strategies to support families and self-advocates, and information for providers and members of the Autism community.

Series Topics Include:

- Mental Health
- Adulthood
- Healthcare
- Education
- Family/Caregivers
- Intersectionality and ASD
- Inclusion and Accessibility

Educating the community in best practices for ASD

For training and more information,

Please contact

The UNM Center for Development and Disability
Autism and Other Developmental Disabilities Division

By calling 505-272-1852 or 1-800-270-1861

Autism Podcast Series



Autism Conversations answers questions and concerns from families and self-advocates within New Mexico that are relatable and deserve to be acknowledged and discussed. Our staff provides a safe environment as we work together to identify supports, information and resources. These trainings are supported by the NM Department of Health.

You can listen to recorded **Autism Conversations** podcasts at this link:
<https://cdd.health.unm.edu/autismportal/podcast-series/autism-conversations/>

Autism Conversations in the School are podcasts developed specifically for school-based professionals. These trainings are supported by the NM Public Education Department.

You can listen to recorded **Autism Conversations in the School** podcasts at this link:
<https://cdd.health.unm.edu/autismportal/podcast-series/autism-conversations-in-the-school-ped/>

Conversaciones de Autismo son pódcasts relacionados con el autismo en español / are autism-related podcasts in Spanish.

<https://cdd.health.unm.edu/autismportal/podcast-series/conversaciones-de-autismo/>

If you have questions, please contact us at AutismConversations@salud.unm.edu or (505) 272-1852.

Si tienen preguntas, por favor comuníquense con

AutismConversations@salud.unm.edu o (505) 272-1852 or 1-800-270-1861.

NM ECHO Autism: Primary Care STAT Early Diagnostic Model



Echoautism.org

NM ECHO: STAT Early Diagnostic Model

ECHO Autism: Primary Care STAT is a convenient, interactive, web-based, small-group format where providers can learn and share best practices for diagnosing and managing medical and psychiatric comorbidities in their patients with autism spectrum disorder. Professionals receive specific deidentified case guidance, connect with community resources, and family/caregiver supports.

To learn more, visit <https://echoautism.org/>

Professionals



Echoautism.org

Join the ECHO Autism Virtual Learning Network with other providers to discuss cases in your practice for real-time advice. Free CME is available.

To learn more, visit <https://echoautism.org/professionals/>

Or email CDD-ECHOAutism@salud.unm.edu

ECHO Autism: Advanced Diagnosis

NM ECHO: Advanced Diagnosis

New Mexico ECHO: Advanced Diagnosis is a no-cost program that supports community professionals to receive specific deidentified case guidance using a convenient, interactive, virtual, small-group format. NM ECHO Autism: Advanced Diagnosis connects local clinicians across the state with specialist clinicians to support best practice ASD diagnostic evaluations.

Topics Covered

- Role of Cognitive/Intelligence testing in ASD diagnosis
- Understanding diagnosis in girls and women with ASD
- Common co-occurring medical conditions in ASD
- Common co-occurring psychiatric conditions with ASD
- Interpreting and writing ADOS-2 results



Target Audience

New Mexico psychologists, physician diagnosticians, and other clinicians who will use the ADOS-2 as part of comprehensive diagnostic assessment. Other clinicians who want to learn and share best practices are also welcome.

To learn more, or to find an ECHO Autism trained physician and clinician, visit <https://echoautism.org/find-a-professional/>

Or email CDD-ECHOAutism@salud.unm.edu

ECHO Autism: Mental Health

ECHO Autism Communities, the Missouri Department of Mental Health, and the UNM Center for Development and Disability are supporting a program called ECHO Autism: Mental Health. **The goal of this program is to improve care for autistic people with common psychiatric disorders by increasing access to clinicians equipped to deliver best-practice therapeutic modalities modified for autistic individuals.** The program will focus on increasing clinician self-efficacy in implementing common therapeutic modalities including CBT as a component of a comprehensive treatment plan for autistic people with mental health disorders.

HOW IT WORKS

Professionals receive specific deidentified case **guidance** on people diagnosed with autism.
Convenient, **interactive web-based** small-group format

Learn and share best practices for implementing common therapeutic modalities including CBT as a component of a comprehensive treatment plan, connecting with community resources, and family/caregiver support.

All Teach, All Learn Model

No cost for participants; CE/CME available



Learn more about ECHO Autism Communities
at echoautism.org

Questions?

Contact Education and Outreach Manager, **Kristín Hansen**, at
kvhansen@salud.unm.edu

Foundations of Autism: ASD Support Specialty



For Community Health Workers & Providers in New Mexico

The objective of the Community Health Workers (CHWs) project is to educate CHWs about autism and available resources to relay this information to their clients and the community they serve.

For training and more information,

Please contact

The UNM Center for Development and Disability
Autism and Other Developmental Disabilities Division

By calling 505-272-1852 or 1-800-270-1861

Hilos Sobre el Autismo



Hilos Sobre el Autismo is a monthly virtual presentation series for Spanish-speaking families in New Mexico. The program was formed to help meet the needs of this community, in their native language, who were looking for ways to help support their child with ASD as well as build connections with other families like themselves.

For more information

Telephone: *505-272-1852 or 1-800-270-1861*

Or Email: HSC-AutismPrograms@salud.unm.edu

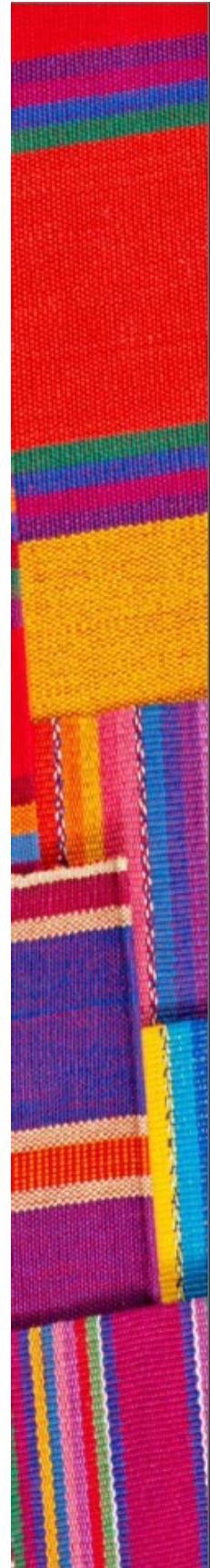
AUTISMO

Un programa mensual que ofrece capacitaciones, apoyos educativos y recursos sobre el autismo a familias de habla hispana en Nuevo Mexico.

Para más información

Teléfono: *505-272-1852 ó 1-800-270-1861*

O correo electrónico: HSC-AutismPrograms@salud.unm.edu



NM Partners in Policymaking

The NM Partners in Policymaking is based on a curriculum that has been replicated throughout the United States and in different parts of the world and includes the following: Self-Determination/Graduate Panel, Creating Inclusive Communities, Inclusive Education, Educational Public Policy, The IEP, Employment, Disability History, Community Organizing, Federal Legislation, Federal Legislative Panel, Independent Living, Leadership, Working with the Media, State Legislation, Self-Care/Mindfulness, Ableism, Policy Shift, Value-Based Decision Making, Conflict Resolution, Visioning Futures, and Graduation.

Improving the
Lives of New
Mexicans
Helping Those with ASD
Succeed

**For more information about our role in public policy,
or to see how you can get involved,
call 505- 272-1852 or 1-800-270-1861.**

NM START

NM START is an evidence-based, community crisis prevention and intervention service model for individuals 6 years old and older with Autism Spectrum Disorder or Intellectual Disability and other mental health needs.

The START model is person-centered and solutions-focused, based on positive psychology approaches.

Clinical Education Training (CET) is a monthly training series providing real-life case examples and didactic content to elicit feedback, ideas, and recommendations that assist in informing treatment planning, strategies, and interventions that the system can implement.



Autism Portal

To register for any of the events, visit our Autism Website Portal:

<https://cdd.health.unm.edu/autismportal/learning-stream-calendar/>

We are currently accepting referrals for individuals meeting the following criteria:

Has ASD, ASD/ID, ID, and is either diagnosed with or strongly suspected of having a mental health condition (e.g., anxiety, depression, behavioral disorder, psychiatric condition, etc.), and is 6 years old or older.

How to Make a Referral

If you believe the individual you support may benefit from our services, please contact us at:

CDD-NMSTART@salud.unm.edu or 505-272-1062

PEACE (Parent Education About Autism and Caregiver Empowerment)



PEACE offers an informational series dedicated to providing evidence-based education about Autism Spectrum Disorder (ASD) and empowering caregivers of children newly diagnosed with ASD.

Interactive group sessions are provided to parents/caregivers of children who received an educational eligibility and/or a medical diagnosis of ASD within the last 5 years.

Zoom and On-site Sessions will provide information on:

- Symptoms and diagnostic criteria of ASD
- The types of evidence-based practices in educational and medical settings
- Strategies to help with behavior, sensory, and communication needs
- Resource to help support individuals with ASD

Note: *These are not group therapy sessions.*

For more information,
Contact Sylvia Acosta, PhD
syacosta@salud.unm.edu

Thrive

The Thrive Program is a life skills curriculum for New Mexico residents with a confirmed diagnosis of ASD, ages 18-30. Applicants who are accepted participate weekly via Zoom in two-hour courses emphasizing Self-Determination, Life Management (Finances, Nutrition, etc.), and Career Exploration. Half of the course content is taught by Autists with advanced degrees in Special Education. We have both a Fall and Spring cohort and accept applications twice per year.

What will participation look like?

Participants of the Thrive Program will:

- 1) Complete an application
- 2) Attend afternoon classes *online* for three months
- 3) Develop personal goals and next steps for working toward those goals

Who can apply?

Individuals ages 18-30 with a confirmed diagnosis of autism spectrum disorder who are:

- 1) Not currently enrolled in high school (or are in their last year of High School)
- 2) Willing to participate in all aspects of the program

What is the cost?

The Thrive Program is funded by the New Mexico Department of Health. There is no cost for participants.

For more information, learn more about educational opportunities or

to apply for the program,

Email AutismPrograms@salud.unm.edu or call 505-272-1852.

Weaving Colors

Indigenous Family Training



Weaving Colors was formed in 2022 (?) to help meet the needs of indigenous community members who were looking for ways to help support their child with autism as well as build connections with other families like themselves. The program is a monthly virtual presentation series dedicated to discussing important topics on autism and how they are viewed and addressed in the native culture.

TRAININGS & REGISTRATION INFORMATION

WHEN: Every 3rd Wednesday of the month

TIME: 1 pm – 2:30 pm

WHERE: Online

Closed Captioning & ASL interpretation are available

Additional Resources:

Indigenous Resources Website:

<https://cdd.health.unm.edu/autismportal/native-resources/>

UNM Center for Development and Disability:

<https://hsc.unm.edu/cdd/>

Telephone: 505-272-1852 or 1-800-270-1861

Email: HSC-AutismPrograms@salud.unm.edu
(Attn: Weaving Colors)

Additional Resources

- ✚ **Autism Portal:** <https://cdd.health.unm.edu/autismportal/>
- ✚ **Information Network Portal:** <https://cdd.health.unm.edu/infonet/>
- ✚ **My Health Passport:** See page 16
- ✚ **NM Finder:** <https://www.nmfinder.org/>
- ✚ **Online Resource Locator:** <https://cdd.health.unm.edu/autismportal/survey/>
- ✚ **Recursos de Autism Para Familias Y Proveedores:**
<https://cdd.health.unm.edu/autismportal/espanol-proximamente/>

UNM Center for Development and Disability: <https://hsc.unm.edu/cdd/>

Telephone: 505-272-1852 or 1-800-270-1861

Email: HSC-AutismPrograms@salud.unm.edu

Autism Portal: <https://cdd.health.unm.edu/autismportal/>

Contact



Physical Address
2300 Menaul Blvd NE
Albuquerque, NM 87107



Call
1-800-270-1861
505-272-1852



Mailing Address
2300 Menaul Blvd NE
Albuquerque, NM 87107



Email Us

Quick Links

[Main CDD Website](#)
[Autism Programs Website](#)
[Contact Us](#)
[CDD Facebook](#)



My Health Passport / Mi Pasaporte de salud

Healthcare staff, please read this passport before you assess me or help me with my care./ Personal de Salud porfavor lea este pasaporte antes de evaluarme o ayudar con mi cuidado.
Please keep this with my notes where it can be easily referenced/ Favor guarde esto con mis notas donde se pueda hacer referencia facilmente.



Name/Nombre:

I like to be called/ Me gusta que me llamen:

Date of birth/ Fecha de Nacimiento :

My Primary Care Physician
Mi medico de Salud Primaria

Physician's Phone Number
Numero de Telefono del Medico:

Attach Photo Here



I would like the following people to be contacted with information about my health.
Me gustaria que las siguientes personas sean contactadas con información de mi salud.

Name/ Nombre:

Relationship/ Relación:

Phone Number/ Numero de Teléfono:

Name/ Nombre:

Relationship/ Relación:

Phone Number/ Numero de Teléfono:


I am my own guardian/ Soy mi propio tutor : Yes No


My guardian is/ Mi tutor es

I have an Advance Directive / Tengo directrices Anticipadas Yes No


Signature/ Firma _____ Relationship/ Relación _____ Date/Fecha _____


IMPORTANT/ IMPORTANTE


My diagnosis
Mi Diagnóstico: 


My medical history
Mi Historial Médico: 

My medications
Mis Medicamentos: 

I am allergic to
Soy alérgico a: 

A really important thing to know
about me/ Algo muy importante
que saber sobre mi : 

How I communicate/
Me comunico de manera: 

How I would like you to
communicate with me:
/Me gustaria que se comunique
conmigo de la siguiente forma 

<https://hsc.unm.edu/cdd/>

How I react to medical procedures/
Yo reacciono a los procedimientos medicos :



When I am in pain I show it by/
Cuando tengo dolor lo demuestro de la siguiente manera :



My mobility needs are/
Mis necesidades de movilidad son:







Things that cause me distress/
Cosas que me causan angustia



If I am distressed you can help me by/
si estoy angustiado me puedes ayudar haciendo:



I am very sensitive to/ Soy muy sensible a :    

When dressing you may assist me by/ Cuando me visto me puedes ayudar con:




When eating you may assist me by/ Cuando estoy comiendo me puedes ayudar con:



Things I like/ cosas que me gustan:



Other things to know about me/ Otras cosas que saber de mi son: 

Program QR Codes



***Autism Portal
Training Calendar***



Autism +



***Autism Podcast
Series***



***Hilos Sobre El
Autismo***



***Imagine Training
Series***



***Partners in
Policymaking***



Weaving Colors