Project ImPACT

Improving Parents As Communication Teachers



What is Project ImPACT?

A recognized and effective coaching program for parents of young children with Autism Spectrum Disorder (ASD) and related social communication delays.



Who is eligible for Project ImPACT?

- · Families residing in New Mexico
- Child with a documented risk of ASD or social communication delays
- · Child that is 6 years or younger
- Family homes with reliable internet connection



What will our family learn?

Your coach teaches you strategies to help your child develop in these skill areas:

- Social Engagement
- Communication
- Imitation
- Play Skills



What do telehealth coaching sessions look like?

- Direct strategy instruction
- Video examples
- Live feedback during practice of new strategies with your child
- Creating and reviewing practice plans



What is the time commitment for Project ImPACT?

- Weekly reading
- 12 sessions (minimum)
- Weekly total of 1.5 hours of telehealth session(s) with your coach
- 15-20 minutes daily practice with your child



To apply, please contact: Sylvia J. Acosta, PhD syacosta@salud.unm.edu 505.272.4725



Project ImPACT Website: https://www.project-impact.org/