

## ANNEX I

### Inventory of grief and coping strategies in intellectual disability (IGCS-ID)

<b>Understanding of the concept of death</b>				
1. The individual understood the concept of death	1	2	3	4
2. The individual understands the possible cause of death	1	2	3	4
3. The individual understands that when a person dies, their body cannot come back to life	1	2	3	4
4. The individual understands that their life-defining functions (e.g., breathing, seeing) cease after death	1	2	3	4
5. The individual understands that all living beings (including themselves) die	1	2	3	4
6. The individual expressed their emotions	1	2	3	4
7. The individual was informed in advance that the significant person was going to die (it was anticipated)	1	2	3	4
8. The individual was informed when the significant person died	1	2	3	4
9. The individual saw the significant person shortly before the death	1	2	3	4
10. The individual was able to attend the funeral	1	2	3	4
11. The individual had photos and mementos of the significant person	1	2	3	4
12. The individual was able to visit the grave of the significant person after the death (if there was a grave)	1	2	3	4
13. The individual was able to reminisce about the deceased person with others who had known them	1	2	3	4
14. The individual was able to make contact with other people who had suffered the same loss	1	2	3	4
<b>Post-bereavement reactions</b>				
15. The death of a significant person led to significant changes in family relationships	1	2	3	4
16. The death of a significant person led to significant changes in social relationships (e.g., day center, job, occupational center, residence)	1	2	3	4
17. The death of a significant person had an important impact on the individual's mental health	1	2	3	4
18. The loss of a significant person meant that the individual had to leave the family home	1	2	3	4
19. The death of a significant other resulted in important life changes for the individual	1	2	3	4
20. There a loss in the individual's abilities following the death of the significant person	1	2	3	4
<i>Note: 1 = Fully disagree; 2 = Disagree; 3 = Agree; 4 = Fully agree</i>				

Alcedo Rodríguez, M. Á., Cristóbal Fernández, L., Gómez Sánchez, L. E., & Arias González, V. B. (2018). Evaluating the characteristics of the grieving process in people with intellectual disability. *Journal of Applied Research in Intellectual Disabilities*, 31(6), 999-1007.