

**Feeding and Eating Challenges in ASD**  
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**Session Description:**

At the SAFE Feeding and Eating Evaluation Clinic, we work with families to find an individualized plan to support their child's nutrition. As we continue to learn about eating challenges that may occur with neurodivergence, we like to share what we've learned with providers and families. There are resources available to help families and individuals with eating difficulties.

**Learning Objectives:**

1. Red flags & when to talk to the doctor
2. How eating issues may show up in ASD
3. Consequences of difficulties with eating, including the effect on mental health
4. Interventions, therapies, and resources available

**Osana Abich Oliva** is a pediatrician at the Center for Development and Disability, specializing in early childhood evaluation.

**Erin Smith** is a Registered Dietitian with experience in eating disorders, ARFID, and picky eating.