

Talking the Talk About Autism: Navigating Disclosure Situations

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Session Description:

As self-advocates, our personal stories hold a lot of power – they are sources of strength, tales of overcoming barriers and adversity, and a way we are able to assert agency and receive the support we might need. Our neurodiverse identities also carry weight and different meanings to others. How do you tell teachers, support staff, colleagues, friends, or anybody else about your disability and account for their varied reactions? Or, how do you tell the person you're supporting about their own disability identity and culture? In this session, join Haley Moss to unpack the disclosure conversation and feel empowered to self-advocate, view disability from a place of heritage and knowledge rather than shame, and be ready to take ownership of your own story.

Learning Objectives:

1. Identify strategies for disclosing autism or a related disability in professional and personal relationships and situations
2. Navigate other people's reactions and gain knowledge on how to best self-advocate and inform
3. Request accommodations in a professional, legally compliant, and competent way

Haley Moss is a neurodiversity expert, lawyer, and the author of five books that guide neurodivergent individuals through professional and personal challenges. She is currently a speaker, consultant, and neurodiversity advocate for organizations and corporations that seek her guidance in creating an inclusive workplace and a sought-after commentator on disability rights issues. She has won multiple awards, from Forbes 30 Under 30 to ABA Making a Difference and much more. The first openly autistic lawyer in Florida, Haley's books include *Great Minds Think Differently: Neurodiversity for Lawyers and Other Professionals*, *The Young Autistic Adult's Independence Handbook*, and *Talking The Talk About Autism: How To Share And Tell Your Story*. Her articles have appeared in outlets including the Washington Post, Teen Vogue, and Fast Company. Haley's life experiences, advocacy, and dedication guide her to leave the state of inclusion better than she found it.