

**Where have we come from and where are we going? History of the Mental Health Peer movement and how it can support the Developmental Disability Advocacy experience  
Jaime Campbell, CPSW, CHW**

**Session Description:**

This workshop looks at the history of the Mental Health Peer Movement, including how peer support began and how it has evolved into a powerful movement among people living with Mental Illness. Participants will not only learn about peers in mental health, but also about self-advocacy in the developmental disability field. Jaime will discuss the differences in peer support and self-advocacy and will propose ways each one can contribute and shape the other. She will address how the mental health world and the developmental disability world can work together and learn from each other.

**Learning Objectives:**

1. Identify what a peer is and does.
2. Explain the difference between a peer and a self-advocate.
3. Know the history of the peer movement.
4. Apply peer concepts to self-advocacy and developmental disability supports.

**Jaime Campbell** loves crochet and playing cello. She is a Social Work graduate student at NM Highlands University. Jaime has her Certified Peer Support Worker certification and has worked as a peer support to others with Mental Illness for the last 8 years. Jaime is interested in working with the Deaf and with people who have developmental disabilities and mental health challenges. She has been in the Mental Health advocacy world for over 30 years and enjoys sharing her experiences to help others live with and accept mental illness and to challenge the public's opinion of people living with mental illness.