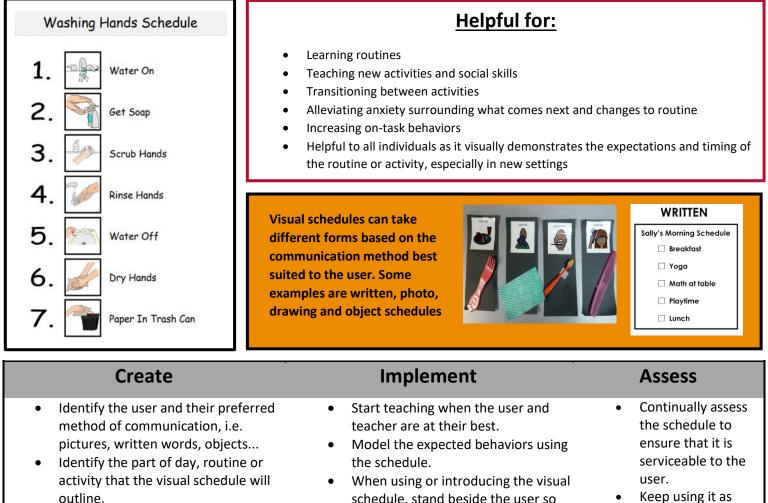


Visual Schedules

A visual support to establish routines, teach new skills and communicate expectations of the day.



- Create your visual schedule with the first activity at the top of the board, and the following activities stacked underneath in order.
- Activities can be represented as • picture cards of the targeted activities on the board, use Velcro to adhere.
- Laminating picture cards and boards • increases durability.
- Visuals can also be hand drawn on paper or a dry erase board.

- schedule, stand beside the user so that the focus is on the schedule.
- Have the user remove the activity cards from the schedule as the activity is completed.
- As the user removes the activity card, verbalize that the activity is completed and indicate the upcoming activity.
- Observe the user's reaction to check for understanding; adjust prompts as needed.

- Keep using it as long as it is working.
- Assess the amount of activities on the schedule to make sure it is appropriate for the user's communication needs.

Autism and other Developmental Disabilities Division: Autism + Program 2300 Menaul NE, Albuquerque NM 87107 Tel: 505-272-1852

https://unmhealth.org/services/development-disabilities/programs/autism-programs/autism-plus.html

