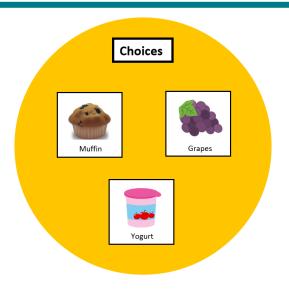


## **Choice Boards**

A visual support used to display options and enable choice.



## **Helpful for:**

- Increasing participation
- Increasing motivation
- Supporting understanding of spoken words
- Communicating preferences, wants and needs
- Empowerment

## Create Implement Assess

- Identify the user, the targeted choice, and options available.
- Consider the user's preferences and developmental level.
- Create a board with the word 'Choices'. A circular board helps indicate that none of the choices comes 'first' or is more preferred.
- Add the options to the board.
- Boards and cards can be printed or hand drawn on paper or a dry erase board. Laminating paper and using Velcro to adhere pictures increases durability.
- When introducing choices, pair one preferred item with one disliked item to determine if a deliberate choice is being made.

- Start teaching when the user and teacher are at their best.
- Ensure offered options are available.
- Model the expected behavior and outcome using the board:
  - 1. Present the board to the user, say "Choice", point at each picture and say its name.
  - 2. Choices can be indicated by the user with gestures or words.
  - 3. Offer the selected item immediately after it is chosen.

- Observe the user's reaction to check for understanding, adjust prompts visual representation of
- Add more choice options as the user shows understanding.

choices as needed.

Keep using as long as it is working.

Visual supports can be objects, photographs, line drawings or words depending on the user.











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