



CENTER FOR  
DEVELOPMENT  
& DISABILITY

# Autism and Other Developmental Disabilities Community Training

A REFERENCE FOR NAVIGATING RESOURCES FOR INDIVIDUALS WITH AUTISM, FAMILY MEMBERS, PROVIDERS, COMMUNITY ORGANIZATIONS, AND THE GENERAL PUBLIC

CENTER FOR DEVELOPMENT & DISABILITY | 2300 MENAUL BLVD NE, ALBUQUERQUE, NM 87107

505.272.1852 | 1-800-270-1861

[HTTPS://HSC.UNM.EDU/CDD/](https://hsc.unm.edu/cdd/)

[HTTPS://UNMHEALTH.ORG/SERVICES/DEVELOPMENT-DISABILITIES/PROGRAMS/AUTISM-PROGRAMS/](https://unmhealth.org/services/development-disabilities/programs/autism-programs/)

# Quick Resource Lookup

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## Individuals with Autism

**Autism+:** Page 5

**Autism Podcast:** Page 7

**My Health Passport:** Page 17

**NM Partners in Policymaking:** Page 12

**Thrive:** Page 14

## Family Members

**Autism+:** Page 5

**Autism Podcast:** Page 7

**Hilos Sobre el Autismo:** Page 11

**NM Partners in Policymaking:** Page 12

**Weaving Colors:** Page 15

## Medical & Healthcare Providers

**Community Healthcare Workers (CHW):** Page 8

**ECHO STAT:** Page 9

**ECHO ADX:** Page 10

**NM START:** Page 13

## Community Members

**Autism+:** Page 5

**Autism Podcast:** Page 7

**NM Partners in Policymaking:** Page 12

# Table of Contents

<b>INDIGENOUS PEOPLE’S LAND AND TERRITORY ACKNOWLEDGEMENT.....</b>	<b>3</b>
<b>AODD MISSION .....</b>	<b>4</b>
<b>AUTISM+ .....</b>	<b>5</b>
<b>AUTISM IMAGINE TRAINING SERIES .....</b>	<b>6</b>
<b>AUTISM PODCAST SERIES .....</b>	<b>7</b>
<b>COMMUNITY HEALTHCARE WORKERS: AUTISM SUPPORT SPECIALTY .....</b>	<b>8</b>
<b>ECHO AUTISM: STAT .....</b>	<b>9</b>
<b>ECHO AUTISM: ADX .....</b>	<b>10</b>
<b>HILOS SOBRE EL AUTISMO .....</b>	<b>11</b>
<b>NEW MEXICO PARTNERS IN POLICYMAKING .....</b>	<b>12</b>
<b>NEW MEXICO START .....</b>	<b>13</b>
<b>THRIVE .....</b>	<b>14</b>
<b>WEAVING COLORS INDIGENOUS FAMILY TRAINING .....</b>	<b>15</b>
<b>ADDITIONAL RESOURCES.....</b>	<b>16</b>
<b>MY HEALTH PASSPORT .....</b>	<b>17</b>
<b>QR CODES .....</b>	<b>21</b>

# Indigenous People's Land and Territory Acknowledgement

Founded in 1889, the University of New Mexico sits on the traditional homelands of the Pueblo of Sandia. The original peoples of New Mexico – Pueblo, Navajo, and Apache – since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and also acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history.

## AODD Mission

*To advance exemplary services, research, education & policy to support the well beings of all New Mexicans.*

AUCD's mission is to advance policies and practices that improve the health, education, social, and economic well-being of all people with developmental and other disabilities, their families, and their communities by supporting our members in research, education, health, and service activities that achieve our vision.



# Autism Imagine Training Series

The Autism Imagine Training Series focuses on Autism Spectrum Disorder and offers training to a broad audience on best practices in education, strategies to support families and self-advocates, and information for providers and members of the Autism community.

## Series Topics Include:

- Mental Health
- Adulthood
- Healthcare
- Education
- Family/Caregivers
- Intersectionality and ASD
- Inclusion and Accessibility

*Educating the community in best practices for ASD*

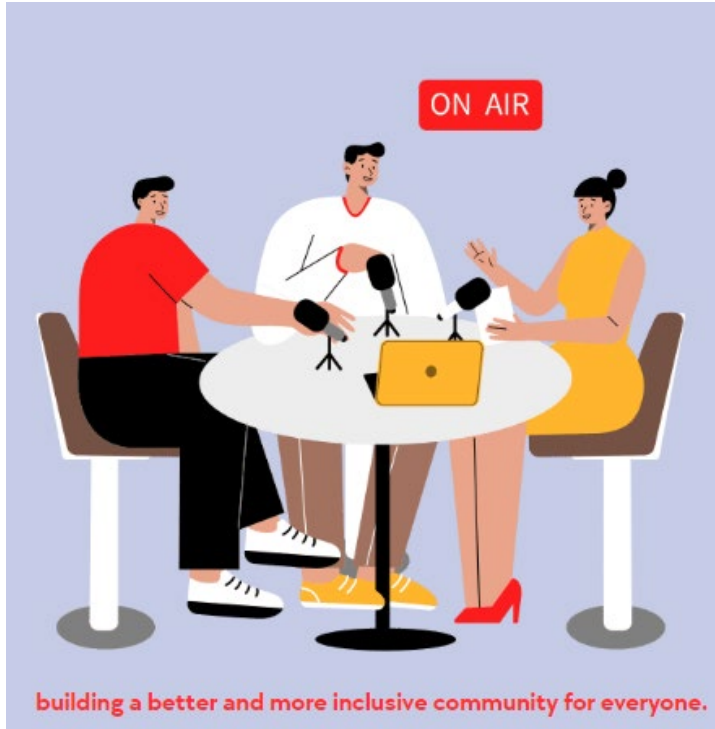
For training and more information,

Please contact

The UNM Center for Development and Disability  
Autism and Other Developmental Disabilities Division

By calling 505-272-1852 or 1-800-270-1861

# Autism Podcast Series



**Autism Conversations** answers questions and concerns from families and self-advocates within New Mexico that are relatable and deserve to be acknowledged and discussed. Our staff provides a safe environment as we work together to identify supports, information and resources. These trainings are supported by the NM Department of Health.

You can listen to recorded **Autism Conversations** podcasts at this link:  
<https://cdd.health.unm.edu/autismportal/podcast-series/autism-conversations/>

**Autism Conversations in the School** are podcasts developed specifically for school-based professionals. These trainings are supported by the NM Public Education Department.

You can listen to recorded **Autism Conversations in the School** podcasts at this link:  
<https://cdd.health.unm.edu/autismportal/podcast-series/autism-conversations-in-the-school-ped/>

**Conversaciones de Autismo** son pódcasts relacionados con el autismo en español / are autism-related podcasts in Spanish.

<https://cdd.health.unm.edu/autismportal/podcast-series/conversaciones-de-autismo/>

If you have questions, please contact us at [AutismConversations@salud.unm.edu](mailto:AutismConversations@salud.unm.edu) or (505) 272-1852.

Si tienen preguntas, por favor comuníquense con

[AutismConversations@salud.unm.edu](mailto:AutismConversations@salud.unm.edu) o (505) 272-1852 or 1-800-270-1861.



# Community Healthcare Workers: Autism Support Specialty



## **For Community Health Workers in New Mexico: Autism Support Specialty**

The objective of the Community Health Workers (CHWs) project is to educate CHWs about autism and available resources to relay this information to their clients and the community they serve.

For training and more information,

Please contact

The UNM Center for Development and Disability  
Autism and Other Developmental Disabilities Division

By calling 505-272-1852 or 1-800-270-1861

# NM ECHO Autism: Primary Care STAT



Echoautism.org

## **NM ECHO: STAT Early Diagnostic Model**

ECHO Autism: Primary Care STAT is a convenient, interactive, web-based, small-group format where providers can learn and share best practices for diagnosing and managing medical and psychiatric comorbidities in their patients with autism spectrum disorder. Professionals receive specific deidentified case guidance, connect with community resources, and family/caregiver supports.

To learn more, visit <https://echoautism.org/>

## **Professionals**



Echoautism.org

Join the ECHO Autism Virtual Learning Network with other providers to discuss cases in your practice for real-time advice. Free CME is available.

To learn more, visit <https://echoautism.org/professionals/>

Or email [CDD-ECHOAutism@salud.unm.edu](mailto:CDD-ECHOAutism@salud.unm.edu)

# ECHO Autism: Advanced Diagnosis

## NM ECHO: Advanced Diagnosis

New Mexico ECHO: Advanced Diagnosis is a no-cost program that supports community professionals to receive specific deidentified case guidance using a convenient, interactive, virtual, small-group format. NM ECHO Autism: Advanced Diagnosis connects local clinicians across the state with specialist clinicians to support best practice ASD diagnostic evaluations.

### Topics Covered

- Role of Cognitive/Intelligence testing in ASD diagnosis
- Understanding diagnosis in girls and women with ASD
- Common co-occurring medical conditions in ASD
- Common co-occurring psychiatric conditions with ASD
- Interpreting and writing ADOS-2 results



### Target Audience

New Mexico psychologists, physician diagnosticians, and other clinicians who will use the ADOS-2 as part of comprehensive diagnostic assessment. Other clinicians who want to learn and share best practices are also welcome.

To learn more, or to find an ECHO Autism trained physician and clinician, visit

<https://echoautism.org/find-a-professional/>

Or email [CDD-ECHOAutism@salud.unm.edu](mailto:CDD-ECHOAutism@salud.unm.edu)

# Hilos Sobre el Autismo



Hilos Sobre el Autismo is a monthly virtual presentation series for Spanish-speaking families in New Mexico. The program was formed to help meet the needs of this community, in their native language, who were looking for ways to help support their child with ASD as well as build connections with other families like themselves.

## For more information

**Telephone:** *505-272-1852 or 1-800-270-1861*

**Or Email:** *HSC-AutismPrograms@salud.unm.edu*

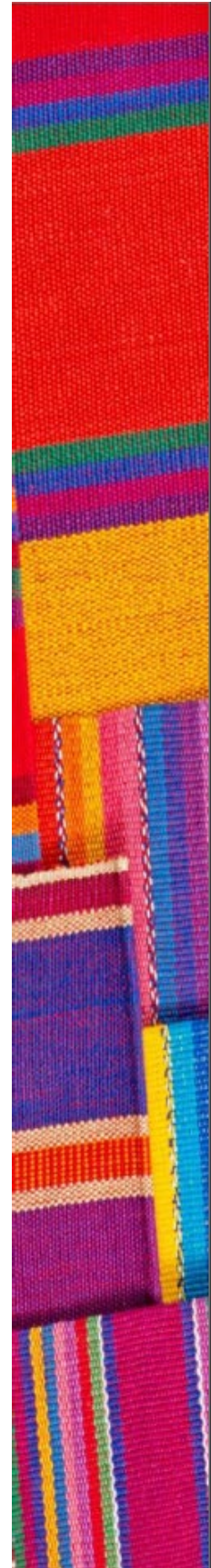
# AUTISMO

Un programa mensual que ofrece capacitaciones, apoyos educativos y recursos sobre el autismo a familias de habla hispana en Nuevo Mexico.

## *Para más información*

**Teléfono:** *505-272-1852 ó 1-800-270-1861*

**O correo electrónico:** *HSC-AutismPrograms@salud.unm.edu*



## NM Partners in Policymaking

The NM Partners in Policymaking is based on a curriculum that has been replicated throughout the United States and in different parts of the world and includes the following: Self-Determination/Graduate Panel, Creating Inclusive Communities, Inclusive Education, Educational Public Policy, The IEP, Employment, Disability History, Community Organizing, Federal Legislation, Federal Legislative Panel, Independent Living, Leadership, Working with the Media, State Legislation, Self-Care/Mindfulness, Ableism, Policy Shift, Value-Based Decision Making, Conflict Resolution, Visioning Futures, and Graduation.

Improving the  
Lives of New  
Mexicans  
Helping Those with ASD  
Succeed

<https://unmhealth.org/services/development-disabilities/programs/autism-programs/autism-public-policy-initiative.html>

**For more information about our role in public policy,  
or to see how you can get involved,  
call 505- 272-1852 or 1-800-270-1861.**

# NM START

NM START is an evidence-based, community crisis prevention and intervention service model for individuals 6 years old and older with Autism Spectrum Disorder or Intellectual Disability and other mental health needs.

The START model is person-centered and solutions-focused, based on positive psychology approaches.

Clinical Education Training (CET) is a monthly training series providing real-life case examples and didactic content to elicit feedback, ideas, and recommendations that assist in informing treatment planning, strategies, and interventions that the system can implement.



## Autism Portal

To register for any of the events, visit our Autism Website Portal:

<https://cdd.health.unm.edu/autismportal/learning-stream-calendar/>

**We are currently accepting referrals for individuals meeting the following criteria:**

Has ASD, ASD/ID, ID, and is either diagnosed with or strongly suspected of having a mental health condition (e.g., anxiety, depression, behavioral disorder, psychiatric condition, etc.), and is 6 years old or older.

### How to Make a Referral

**If you believe the individual you support may benefit from our services, please contact us at:**

[CDD-NMSTART@salud.unm.edu](mailto:CDD-NMSTART@salud.unm.edu) or 505-272-1062

# Thrive

The Thrive Program is a life skills curriculum for New Mexico residents with a confirmed diagnosis of ASD, ages 18-30. Applicants who are accepted participate weekly via Zoom in two-hour courses emphasizing Self-Determination, Life Management (Finances, Nutrition, etc.), and Career Exploration. Half of the course content is taught by Autists with advanced degrees in Special Education. We have both a Fall and Spring cohort and accept applications twice per year.

## What will participation look like?

Participants of the Thrive Program will:

- 1) Complete an application
- 2) Attend afternoon classes *online* for three months
- 3) Develop personal goals and next steps for working toward those goals

## Who can apply?

Individuals ages 18-30 with a confirmed diagnosis of autism spectrum disorder who are:

- 1) Not currently enrolled in high school (or are in their last year of High School)
- 2) Willing to participate in all aspects of the program

## What is the cost?

The Thrive Program is funded by the New Mexico Department of Health. There is no cost for participants.

For more information, learn more about educational opportunities or

to apply for the program,

Email [AutismPrograms@salud.unm.edu](mailto:AutismPrograms@salud.unm.edu) or call 505-272-1852.

# Weaving Colors

## Indigenous Family Training



Weaving Colors was formed in 2022 (?) to help meet the needs of indigenous community members who were looking for ways to help support their child with autism as well as build connections with other families like themselves. The program is a monthly virtual presentation series dedicated to discussing important topics on autism and how they are viewed and addressed in the native culture.

### TRAININGS & REGISTRATION INFORMATION

**WHEN:** Every 3<sup>rd</sup> Wednesday of the month

**TIME:** 1 pm – 2:30 pm

**WHERE:** Online

*Closed Captioning & ASL interpretation are available*

#### Additional Resources:

**Indigenous Resources Website:**

<https://cdd.health.unm.edu/autismportal/native-resources/>

**UNM Center for Development and Disability:**

<https://hsc.unm.edu/cdd/>

**Telephone:** 505-272-1852 or 1-800-270-1861

**Email:** [HSC-AutismPrograms@salud.unm.edu](mailto:HSC-AutismPrograms@salud.unm.edu)  
(Attn: Weaving Colors)



# Additional Resources

- ✚ **Autism Portal:** <https://cdd.health.unm.edu/autismportal/>
- ✚ **Information Network Portal:** <https://cdd.health.unm.edu/infonet/>
- ✚ **My Health Passport:** See page 16
- ✚ **NM Finder:** <https://www.nmfinder.org/>
- ✚ **Online Resource Locator:** <https://cdd.health.unm.edu/autismportal/survey/>
- ✚ **Recursos de Autism Para Familias Y Proveedores:**  
<https://cdd.health.unm.edu/autismportal/espanol-proximamente/>

**UNM Center for Development and Disability:** <https://hsc.unm.edu/cdd/>

**Telephone:** 505-272-1852 or 1-800-270-1861

**Email:** [HSC-AutismPrograms@salud.unm.edu](mailto:HSC-AutismPrograms@salud.unm.edu)

**Autism Portal:** <https://cdd.health.unm.edu/autismportal/>

## Contact



### Physical Address

2300 Menaul Blvd NE  
Albuquerque, NM 87107



### Call

1-800-270-1861  
505-272-1852



### Mailing Address

2300 Menaul Blvd NE  
Albuquerque, NM 87107



### Email Us

## Quick Links

[Main CDD Website](#)

[Autism Programs Website](#)

[Contact Us](#)

[CDD Facebook](#)



# My Health Passport / Mi Pasaporte de salud

Healthcare staff, please read this passport before you assess me or help me with my care./ Personal de Salud porfavor lea este pasaporte antes de evaluarme o ayudar con mi cuidado.  
 Please keep this with my notes where it can be easily referenced/ Favor guarde esto con mis notas donde se pueda hacer referencia facilmente.



Name/Nombre:

I like to be called/ Me gusta que me llamen:

Date of birth/ Fecha de Nacimiento :

My Primary Care Physician / Mi medico de Salud Primaria

Physician's Phone Number / Numero de Telefono del Medico:

Attach Photo Here

I would like the following people to be contacted with information about my health.  
 Me gustaria que las siguientes personas sean contactadas con información de mi salud.

Name/ Nombre:

Relationship/ Relación:

Phone Number/ Numero de Teléfono:

Name/ Nombre:

Relationship/ Relación:

Phone Number/ Numero de Teléfono:


I am my own guardian/ Soy mi propio tutor : Yes  No


My guardian is/ Mi tutor es


I have an Advance Directive / Tengo directrices Anticipadas Yes  No


Signature/ Firma \_\_\_\_\_ Relationship/ Relación \_\_\_\_\_ Date/Fecha \_\_\_\_\_


### IMPORTANT/ IMPORTANTE


My diagnosis  
Mi Diagnóstico: 


My medical history  
Mi Historial Médico: 

My medications  
Mis Medicamentos: 

I am allergic to  
Soy alérgico a: 

A really important thing to know  
about me/ Algo muy importante  
que saber sobre mi : 

How I communicate/  
Me comunico de manera: 

How I would like you to  
communicate with me:  
/Me gustaria que se comunique  
conmigo de la siguiente forma 

How I react to medical procedures/ Yo reacciono a los procedimientos medicos :



When I am in pain I show it by/ Cuando tengo dolor lo demuestro de la siguiente manera :



My mobility needs are/ Mis necesidades de movilidad son:




Things that cause me distress/ Cosas que me causan angustia



If I am distressed you can help me by/ si estoy angustiado me puedes ayudar haciendo:



I am very sensitive to/ Soy muy sensible a : 

When dressing you may assist  
me by/ Cuando me visto me  
puedes ayudar con:




When eating you may  
assist me by/ Cuando estoy  
comiendo me puedes  
ayudar con:



Things I like/ cosas que me gustan:



Other things to know about me/   
Otras cosas que saber de mi son:

## AODD Program Links



*Autism Portal  
Training Calendar*



*Autism +*



*Autism Podcast  
Series*



*Hilos Sobre El  
Autismo*



*Imagine Training  
Series*



*Partners in  
Policymaking*



*Weaving Colors*