

Tips for Supporting Transition Post-High School

What is Post-High School Transition?

Post-High School transition includes students aged 18 to 22 yrs. Who still benefit from school related services under IDEA.

Why use Post-High School Transition Strategies?

Students with autism often benefit from structured and individualized approaches to help them develop essential functional life skills, navigate social situations, and explore potential career paths.

What can Post-High School Transition Strategies do?

Post-High School Transition Strategies may help students with carrier, post-secondary education, and independent living goals.

Post-High School Transition Strategies...

Can be used in various settings:

- Home
- School
- Community (recreation)
- Employment

Can be used for:

- Instruction
 - Environment
 - Strategies
- Behavior
- Independent Living Skills

Types of Post-High School Transition Strategies

- Create a transition plan early in high school with the IEP Team.
- Discuss options with transition specialists and public resources.
- Identify student's interests and skills.
- Practicing clear communication and expressing needs.
- Establish and maintain a daily schedule.
- Support self-advocating for ways to manage sensory sensitivities.
- Teaching self-monitoring skills.
- Teach and model social skills.