

## Tips for Supporting Transition Post-High School

### What is Post High School Transition?

Post-High School transition includes students aged 18 to 22 yrs. Who still benefit from school related services under IDEA.

### Why use Post-High School Transition Strategies?

Students with autism often benefit from structured and individualized approaches to help them develop essential functional life skills, navigate social situations, and explore potential career paths.

### Post-High School Transition Strategies do?

Post-high School Transition strategies may help students with carrier, post-secondary education, and independent living goals.

### Antecedent Strategies can be used:

#### In various settings:

- Home
- School
- Community (recreation)
- Employment

#### For:

- Instruction
  - Environment
  - Strategies
- Behavior
- Social Skills
- Independent Living skills

### Types of Post-High School Transition Strategies

- **Create a transition plan early in high-school with the IEP Team.**
- **Discuss options with transition specialists and public resources.**
- **Identify student's interests and skills.**
- **Practicing clear communication and expressing needs.**
- **Establish and maintain a daily schedule.**
- **Support self-advocating for ways to manage sensory sensitivities.**
- **Teach self-monitoring skills.**
- **Teach and model social skills.**