

Friends and Relationships Class

with Louise la Plante

Zoom in for 8 class sessions

Monday - Thursday

10 AM - 12 PM (Noon)

July 11- July 21, 2022

This Zoom class is designed to provide education on relationships from acquaintances to intimacy for adults with intellectual disabilities. The class is a NM DDW Socialization and Sexuality service and can be taken three times a year.

The objective of this course is to introduce students and supporters to socialization skills. The class is tailored to meet individual needs and levels in these areas.

Topics:

"Loving Me First"

"Conversations"

"Relationship Goals"

"Connecting with Confidence"

"Sexual Health and Wellness"



To register for this class contact

Louise at

louiselaplante@yahoo.com