

Antecedent Strategies

What are Antecedent Strategies?

Antecedent strategies are intentional, pre-planned, proactive modifications to the learning environment, instructional strategies, or instructional materials.

Why use Antecedent Strategies?

Antecedent Strategies are used prior to the occurrence of either a maladaptive or adaptive behavior.

- To proactively intervene
- To support a learner.
- To prevent challenging behaviors.

What can Antecedent Strategies do?

Decrease the likelihood that interfering behavior will occur

Increase the likelihood that desired behavior will continue to occur

Antecedent Strategies can be used

In various settings:

- Home
- School
 - Whole Class
 - Small Group
 - Individual Students
- Community

For:

- Instruction
 - Environment
 - Strategies
 - Materials
- Behavior
- Social Skills

Types of Antecedent Strategies

- Seating Arrangements
- Visual Supports
- Procedures
- Choices
- Built-In Breaks
- Grandma's Rule (First/Then)
- Modeling
- Accessible Learning Materials