

Terms You Will Hear

- ABA Applied Behavior Analysis
- ASD Autism Spectrum Disorder
- BCBA Board Certified Behavior Analyst
- EBP Evidence-Based Practice
- EI Early Intervention
- IEP Individualized Education Program
- OT Occupational Therapy
- PT Physical Therapy
- SLP Speech Language Pathologist

What does Evidence-Based Practice mean?

<http://www.nationalautismcenter.org/national-standards-project/>

<http://autismpdc.fpg.unc.edu/evidence->

YOU ARE NOT ALONE

We are here to help
Autism Programs Website

<http://www.cdd.unm.edu/autism/index.html>

Center for Development and Disabilities

Autism Programs

Family Resources Team

Phone: 505-272-1852 or 1-800-270-1861



FOR MORE INFORMATION

**PLEASE CONTACT THE
AUTISM FAMILY AND PROVIDER
RESOURCE TEAM**

Phone: 505-272-1852

TOLL FREE: 1-800-270-1861

HSC-AutismPrograms@salud.unm.edu

Autism Family and Provider
Resource Team

Our team includes individuals with
specialized expertise in ASD
resources.



University of New Mexico Center for Development and Disability

2300 Menaul Blvd. NE Albuquerque, NM 87107

505-272-3000 www.cdd.unm.edu



A University Center for Excellence
in Developmental Disabilities
Education, Research and Service

Roadmap
For New
Mexico Autism
Based
Services

**Immediate Steps for Families of Young
Children With Autism Spectrum
Disorder**



For More Information

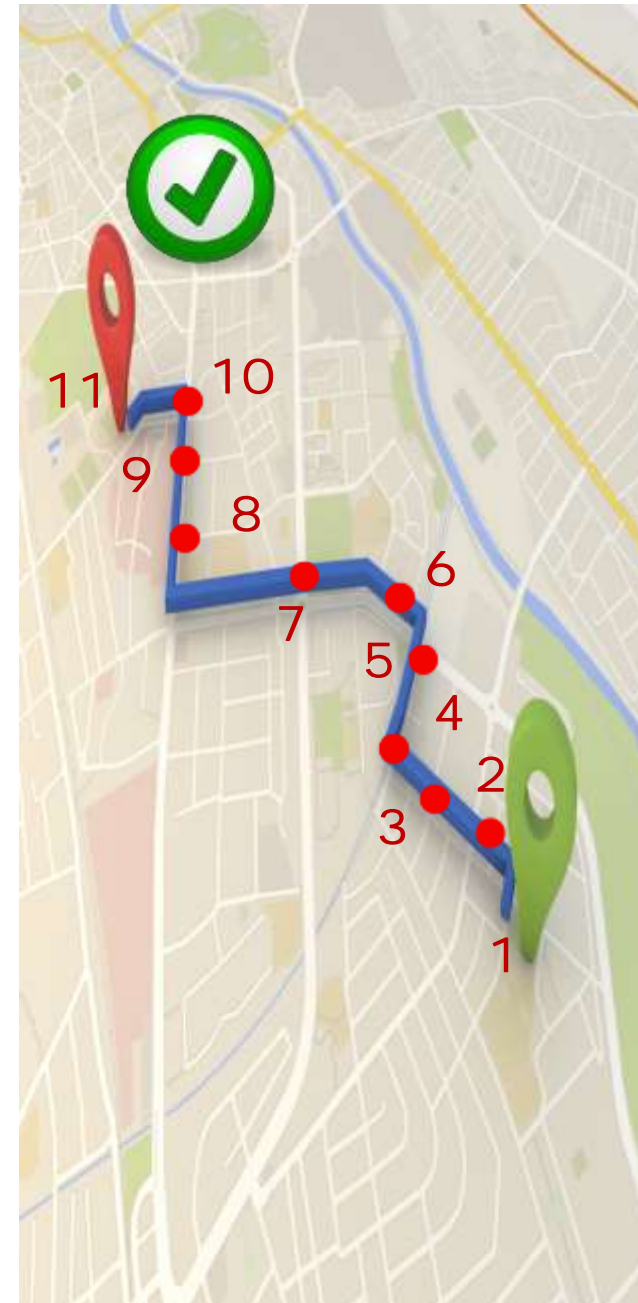
Tel: (505) 272-1852

Toll Free: 1-800-270-1861

11 IMPORTANT STEPS ON THE ROADMAP

1. Start a system for organizing reports and notes such as folders, binders, etc.
2. Share the diagnostic report **with your child's pediatrician**.
3. Read recommendations made on the diagnostic report. Call clinicians if you have questions.
4. Talk with your insurance representative regarding **your child's coverage for autism-based services**. If your child has Medicaid, request a care coordinator.
5. Enroll your child in an early intervention (EI) program even if it is for a short period of time. An EI case coordinator will be assigned to help you with **your child's transition to school**. FIT:1-877-696-1472
6. Get on the wait list for recommended therapies with every agency in your service area.
7. Apply to the Autism **Programs' Parent Home Training Program**
<http://www.cdd.unm.edu/autism/programs/parenttraining.html>
8. Educate yourself **Autism Programs' Portal**
<http://www.cdd.unm.edu/autism/portal/index.html>
Autism Speaks
<https://www.autismspeaks.org/>
9. Seek support groups
NM Autism Society
(505) 332-0306
10. Apply to DD Waiver & SSI
<http://www.cdd.unm.edu/infonet/tip-sheets.html>
<http://www.cdd.unm.edu/infonet/tip-sheets.html>
11. Contact us as soon as possible if you need help with locating resources in your community. The Autism Programs Family and Provider Resource Team has current information to share with families. 505-272-1852 or 1-800-270-1861

**You are your child's
primary advocate**



We are your partners on this journey!